

Seniors



AUTUMN 2025

PROGRAMME PLANNER

Some great activities and ideas to use with your group over the next term:

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
01/09/2025	Welcome Back! Suggested Activity	Welcome Seniors back with activities focused on bringing the group together again and welcoming any new members. Check out some icebreakers and new term activities within our 'Essentials' activities on the Programme Hub.	Indoors	Get Active, Get Learning
08/09/2025	DODGE THAT TUNE Activity	Get ready to dodge, dive, and dance as you race to hit the star of the song. When the music drops, it's your chance to target the right artist and claim the point!	Indoors	Get Active
15/09/2025	Staged Awards Suggested Activity	Take a look at the various Staged Awards and give one of them a try. Level 1 of most awards can be achieved in approximately 1 hour, so why not try ticking off the first level of one of the awards and then presenting the certificate. For more information visit https://boys-brigade.org.uk/staged-awards	Indoors or Outdoors	Get Active, Get Adventurous, Get Creative, Get into the Bible, Get Involved, Get Learning
22/09/2025	PAN-CAN-CAKES Activity	In a survival situation, like being stranded in the wild or on a hike with no stove, you might not have proper cooking gear. Knowing how to improvise a simple cooker from everyday items, like a can and a candle, can help you boil water, cook food, and stay safe.	Indoors or Outdoors	Get Adventurous
29/09/2025	DIFFICULT QUESTIONS: IF GOD IS REAL, WHY DOESN'T HE JUST SHOW HIMSELF? Activity	Life and faith can be full of difficult questions. Join us for the start of a new series, as we explore some of the biggest questions teenagers face when exploring their faith.	Indoors	Get into the Bible
06/10/2025	YOUNG MINDS Themed Programme	We've teamed up with Young Minds to help explore how children and young people can look after their mental health. Link with World Mental Health Day (10th October).	Indoors	Get Active, Get Learning, Get into the Bible

CHECK OUT OUR PLANNING TOOLS: [HTTPS://PLANNINGTOOLS.BOYS-BRIGADE.ORG.UK](https://planningtools.boys-brigade.org.uk)



WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
13/10/2025	Revisit: Social Media Suggested Activity	Social media is a popular and ever-growing part of our lives. Hold a themed programme exploring some of your favourite social media sites and what can be found on them, whilst also having discussions around some of the positive and negative impacts of social media.	Indoors	Get Learning, Get Involved, Get Active, Get into the Bible
20/10/2025	WE BELIEVE Themed Programme	In the BB we talk about supporting young people on their faith journey. A big part of this is not just exploring the Bible, but exploring what they themselves believe. 2025 is 1,700 years since the writing of the Nicene Creed. Use this programme to learn more about the creed, and to help your group explore what Christians believe and what they themselves believe.	Indoors	Get into the Bible, Get Learning, Get Active
27/10/2025	Revisit: Takeaways Suggested Activity	Indian, Chinese, Thai, Fish & Chips. We all love a takeaway and we each have our favourite. This themed programme gives you the perfect excuse to order in a takeaway, or to cook one of the nation's favourite takeaway dishes, and learn more about your favourites.	Indoors	Get Learning, Get Creative, Get Active, Get into the Bible
03/11/2025	TASKMASTER Themed Programme	Welcome to BB Taskmaster – a fast-paced, quirky challenge inspired by the hit TV show, where creativity, teamwork and out-of-the-box thinking are key. Get ready to face ridiculous tasks, in an attempt to impress the Taskmaster.	Indoors	Get Active, Get Learning, Get into the Bible
10/11/2025	Revisit: Is Jesus Who He Says He Is? Suggested Activity	An opportunity to consider who Jesus was and what he means for our lives. Was he a real person from history and more importantly, was he the son of God as he claimed?	Indoors	Get into the Bible
17/11/2025	THE ASHES Themed Programme	Do you know your googly from your golden ducks, your silly mid off from your deep square leg, your Brits from your Aussies? Use this themed programme to explore cricket, Australia and one of the world's oldest sporting rivalries as The Ashes kicks off this week.	Indoors	Get Active, Get Learning, Get into the Bible
24/11/2025	IS IT OK? ABUSE IN POLITICS Activity	Politics sparks strong opinions, but sometimes those opinions turn into personal abuse. When does the line get crossed between fair criticism and unacceptable behaviour? Link with UK Parliament Week.	Indoors	Get Involved
01/12/2025	DIY CHRISTMAS TREE Activity	Transform a plank of wood into an impressive looking Christmas tree, learning some DIY skills along the way.	Indoors	Get Creative
08/12/2025	FIRST AID: BURNS & SCALDS Activity	Burns and scalds can happen to anyone, anywhere – but knowing the right steps to take can make all the difference. In this activity, you'll test your knowledge, bust some myths, and discover life-saving first aid skills that could help protect yourself or others when it matters most.	Indoors	Get Learning
15/12/2025	Christmas Party Suggested Activity	Host a Christmas party to finish the year. Invite members to come in their cheesiest Christmas jumper and play some party games through the night	Indoors	Get Active, Get into the Bible