

PROGRAMME PLANNER

Some great activities and ideas to use with your group over the next term:

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
01/09/2025	Welcome Back! Suggested Activity	Welcome Juniors back with activities focused on bringing the group together again and welcoming any new members. Check out some icebreakers and new term activities within our 'Essentials' activities on the Programme Hub.	Indoors	Get Active, Get Learning
08/09/2025	TRY TIME CHALLENGE Activity	Build your rugby skills, with our 'Try Time Challenge'. You'll need to score points by throwing or kicking a rugby ball accurately into targets. Have you got what it takes to be crowned the Try Time Challenge champion? Link with the Women's Rugby World Cup.	Indoors	Get Active
15/09/2025	NINJA WARRIOR Themed Programme	It's time to begin your Ninja training and discover what it truly means to become a master of stealth, speed, and skill. Throughout this action-packed programme, you'll put your agility, lightning-fast reflexes, and sharp focus to the test – proving you've got what it takes to become a true ninja!	Indoors	Get Active, Get Learning, Get Creative, Get into the Bible
22/09/2025	Revisit: Makaton Suggested Activity	Learn the basics of communicating using Makaton, a sign and symbol language used alongside spoken words.	Indoors	Get Involved
29/09/2025	SLEEPING BAG GAMES Activity	Get ready to zip, roll, and snore your way through a series of sleeping bag games and challenges! This activity is perfect for a sleepover or residential and could be linked to the Juniors BIG Sleepover.	Indoors	Get Adventurous
06/10/2025	HELLO YELLOW Themed Programme	We've teamed up with Young Minds to help explore how children and young people can look after their mental health. Link with World Mental Health Day (10th October).	Indoors	Get Active, Get Learning, Get into the Bible, Get Creative
13/10/2025	IF PLANETS WERE THE SIZE OF FRUIT Activity	Explore more about the planets in our solar system with this engaging and hands-on way. Which planet is the size of a watermelon, and which is the size of a peppercorn? Let's find out as we take a trip into a very edible and healthy solar system!	Indoors	Get Learning

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20/10/2025	WHERE YOU GO, I GO Activity	The Bible teaches us to be loyal and to others, just like Ruth was to Naomi. Ruth chose to stay with Naomi and help her, even when it was difficult. Use this activity to help the Juniors think about how we can be loyal, care for others, and trust that God is with us, even during hard times.	Indoors	Get into the Bible
27/10/2025	Revisit: Glow in the Dark Suggested Activity	Light up a dark night with a glow in the dark themed programme. Use glowsticks to light up the darkness and complete activities such as bowling, parachute games and treasure hunts in a completely different way!	Indoors	Get Adventurous, Get Active, Get Creative, Get into the Bible
03/11/2025	Revisit: Fireworks and Bonfires Suggested Activity	Celebrate Bonfire Night with a mixture of activities, aimed to bring the gunpowder plot and the traditions of Bonfire Night to life. Ideal around 5th November.	Indoors or Outdoors	Get Active, Get Creative, Get Learning, Get Adventurous, Get into the Bible
10/11/2025	POPPY JARS Activity	Create your own glowing poppy jar, a colourful and creative craft that lights up to honour and remember our heroes in an impactful way.	Indoors	Get Creative
17/11/2025	TIME TRAVELLERS Themed Programme	Get ready to travel through time, test your skills, and have loads of fun, as we jump through history, from the Stone Age to the year 3000 – solving challenges, playing games, and discovering amazing facts along the way!	Indoors	Get Learning, Get Active, Get Creative, Get into the Bible
24/11/2025	St Andrew's Day Suggested Activity	Celebrate all things Scottish as you get involved with some St Andrew's Day activities. This could include learning more about St Andrew and Scotland, or by giving some Scottish food or culture a try.	Indoors	Get Learning, Get Active, Get Creative, Get into the Bible
01/12/2025	THE JOY OF GIVING Activity	The lead up to Christmas can be a time of excitement, and anticipation for many. But there are some for whom Christmas might be all they hoped it might be. As a group use this activity to share some love, and be joyful givers!	Indoors	Get Involved
08/12/2025	MISSION MANGER Themed Programme	Journey through the Nativity story, solving puzzles and cracking codes, to uncover the hidden treasure behind the manger. Can you complete the mission and discover the true gift of Christmas?	Indoors	Get Learning, Get Active, Get Creative, Get into the Bible
15/12/2025	Christmas Party Suggested Activity	Host a Christmas party to finish the year. Invite members to come in their cheesiest Christmas jumper and play some party games through the night.	Indoors	Get Active, Get into the Bible, Get Creative