

Seniors



SPRING 2025

PROGRAMME PLANNER

Some great activities and ideas to use with your group over the next term:

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
06/01/2025	Seniors Forum Suggested Activity	Come together as a group of Seniors and have a discussion on the activities, opportunities, trips and awards that you want to experience and work towards. Use this activity to plan out the Spring term and beyond.	Indoors	Get Involved
13/01/2025	TABOO Activity	In this fast-talking game, you'll need to try and communicate a particular word to the rest of your team, without using the five forbidden words. Are your communication skills up for the challenge?	Indoors	Get Active
20/01/2025	A RICH FOOL Themed Programme	What makes you rich? Money, assets, gold... or do you place value and importance in other things in life? Explore the parable of the 'The Rich Fool' and get asking some important questions around greed, value and priorities.	Indoors	Get into the Bible, Get Active, Get Involved
27/01/2025	Revisit: Basketball Themed Programme Suggested Activity	Shoot some hoops with this basketball themed programme. Learn about the basics of the sport, get active with some basketball games, understand some of the referee signals and consider what makes a perfect game plan.	Indoors	Get Active, Get into the Bible, Get Learning, Get Involved
03/02/2025	Mental Health Week Suggested Activity	3rd – 9th February 2025 is Children's Mental Health Week. Find time in your programme to take on an activity to boost mental health or help get young people talking. Check out the 'Here 4 You' website for resources, including a 30-minute broadcast with Roman Kemp – https://here4you.co.uk	Indoors	Get Active, Get Involved
10/02/2025	INVICTUS GAMES Themed Programme	The Invictus Games is an international multi-sport event for wounded, injured and sick servicemen and women, both serving and veterans. Let's find out more about these games and what we can learn from some of the athlete's determination and perseverance. The games run from 8th – 16th February 2025.	Indoors	Get Active, Get Learning, Get into the Bible
17/02/2025	WHAT A DILEMMA! Activity	Life can throw up some pretty difficult situations for us to navigate. Sometimes these can involve 'moral dilemmas', which seem impossible to solve. Take on some of our moral dilemmas, debate as a group how you might solve each one and then vote for an agreed solution.	Indoors	Get Involved

CHECK OUT OUR NEW PLANNING TOOLS: [HTTPS://PLANNINGTOOLS.BOYS-BRIGADE.ORG.UK](https://planningtools.boys-brigade.org.uk)



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24/02/2025	LIGHTS, NO CAMERA, ACTION Activity	Take a trip to the movies to watch some of your favourite films. However it seems we only have the audio from each of the movies. Can you identify the film that each clip comes from? Link to the Oscars (2nd February 2025).	Indoors	Get Learning
03/03/2025	TOP TEAM Activity	Top Team is a national competition run by The Boys' Brigade and is open to groups across the UK & RoI. The challenges will see you take on a range of activities. Submit your results to BBHQ to find your place on our leaderboard. For more information visit https://boys-brigade.org.uk/top-team-challenge	Indoors	Get Active, Get Learning
10/03/2025	CHOCOLATE BAR SHAKES Activity	Open up your own milkshake bar and transform some of your favourite chocolate bars into luxurious milkshakes. Your challenge is to make them fit for Instagram, with high end design and presentation.	Indoors	Get Creative
17/03/2025	Staged Awards Suggested Activity	Take a look at the various Staged Awards and give one of them a try. Level 1 of most awards can be achieved in approximately 1 hour, so why not try ticking off the first level of one of the awards and then presenting the certificate. For more information visit https://boys-brigade.org.uk/staged-awards	Indoors	Get Active, Get Adventurous, Get Creative, Get into the Bible, Get Involved, Get Learning
24/03/2025	SKILLS FOR LIFE Themed Programme	Are you ready for independent living, with the life skills ready to thrive? Use this themed programme to put those skills to the test, taking on some life skill-based challenges, including DIY, cooking, budgeting and more.	Indoors	Get Learning, Get Active, Get into the Bible, Get Creative
31/03/2025	MURDER MYSTERY CHALLENGE Themed Programme	There's been a murder and a team of detectives are needed to solve the case... and fast! In this cross between Cluedo and an escape room, can you solve the puzzles, eliminate suspects and crack the case?	Indoors	Get Learning, Get Active, Get into the Bible
07/04/2025	PERFECT LOVE FOR AN IMPERFECT PERSON Activity	We all mess up and get things wrong. However despite our imperfections we know that Jesus' perfect love, demonstrated by his death and resurrection, is for each and every one of us. How is this the case and why has Jesus chosen me?	Indoors	Get into the Bible
14/04/2025	Easter Suggested Activity	Celebrate Easter and Jesus' resurrection with some Easter themed activities. Head to https://boys-brigade.org.uk/easter for some inspiration.	Indoors	Get into the Bible
21/04/2025	A-Z OF ADVENTURE Activity	There's an adventure for every letter of the alphabet, you've just got to go and find it! How are you getting on with ticking off the A-Z of Adventure? Which letter will you get ticked off next as a group?	Indoors or Outdoors	Get Adventurous
28/04/2025	Revisit: Unfair Monopoly Suggested Activity	Use the game of Monopoly to explore and experience advantage, disadvantage and discrimination faced by various groups of people in the UK today.	Indoors	Get Involved