

# Company

# TIE DYE DESIGNERS



GET CREATIVE



30 MINUTES



PREPARATION  
NEEDED

## AIM

Tie dye products remain a popular fashion item during the summer months. Become a tie dye designer by designing and creating your own bespoke tie dye accessory to wear.

## WHAT YOU'LL NEED

- > White or light coloured 100% cotton, socks, bandana, bucket hat, tote bag or t-shirt
- > Tie dye squeeze bottle kit, any colour(s)
- > Disposable gloves
- > Elastic bands
- > Plastic sheet / Newspapers
- > Cooling or drying rack

# GET CREATIVE: TIE DYE DESIGNERS

THEME: ARTY & CRAFTY



## LEADER PREPARATION

A couple of weeks before the session, offer the group choices of which accessory they would like to use, to be purchased ready for the session. It would be beneficial to watch the video before the session, to familiarise yourself with the techniques.



## GETTING INTO THE ACTIVITY

- 1 Before the session, young people should consider what piece of clothing they would like to tie dye. This could be new items or old pieces of clothing they have at home. Examples could include t-shirts, socks, bucket hats, bandanas etc. If using a new clothing item, it is recommended it is washed without detergent to pre-shrink it before this activity.
- 2 Before getting started, protect the work area with plastic sheets/newspapers.
- 3 Follow the instructions on the tie dye kits, adding water to the bottles to mix the dyes.
- 4 Take a look at **'How to Tie-Dye at Home Like a Pro'** on YouTube (<https://youtu.be/v-BvyNgrthg>) to see how to create different patterns for the tie dye design. After watching, young people should consider what technique(s) they would like to use.
- 5 Now it's time to start becoming tie dye designers. Young people should securely tie elastic bands tightly around the fabric, allowing the fabric folds to act as a resist, preventing the dye from saturating the fabric evenly.
- 6 Once they are happy with where their elastic bands are, they can then add the dyes using the squeeze bottles, creating their own unique design using the colour(s). Make sure young people wear disposable gloves to prevent the dye staining their hands.
- 7 Once a young person has finished adding their dye, the piece of clothing will need to be placed inside a sealed bag to completely dry, with the elastic bands being kept on for at least 24 hours.
- 8 Once the accessory is dry, either at home or in the next BB session, young people can remove the elastic bands, and wash the item in cool water to set the dye. Lay the accessory out flat and allow to dry.



## IDEAS TO TAKE THIS FURTHER...

Hold a colour party, with young people wearing their tie dye items. Consider bringing coloured food items and taking part in colour related activities and challenges.



## KEEPING EVERYONE SAFE

Fully read the instructions before using the dye(s). Use appropriate protection against dye(s), e.g. protective gloves, coverings.