

# PROGRAMME PLANNER

Some great activities and ideas to use with your group over the next term:

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
06/05/2024	<b>Volleyball</b> Suggested Activity	Start the Summer term by playing some games or tournaments of volleyball. If your young people are new to the game, then spend some time learning the rules and developing some basic skills.	Outdoors	Get Active
13/05/2024	<b>TAKING A LEAD</b> Themed Programme	Take on some leadership focussed activities, using this themed programme. This programme has been written in partnership with the Young Leaders Network, as part of their 'Spotlight' week. Find out more at <a href="https://boys-brigade.org.uk/young-leaders-network">https://boys-brigade.org.uk/young-leaders-network</a>	Indoors or Outdoors	Get Learning, Get Active, Get Creative, Get into the Bible
20/05/2024	<b>TIE DYE DESIGNERS</b> Activity	Tie dye products remain a popular fashion item during the summer months. Become a tie dye designer by designing and creating your own bespoke tie dye accessory to wear.	Indoors	Get Creative
27/05/2024	<b>THE REAL DEAL?</b> Activity	Take a look through some of the most well-known logos of today, and see if you can identify which of the logos are 'The Real Deal' and which are fake? How well will you perform?	Indoors	Get Learning
03/06/2024	<b>Revisit: On Your Bike Themed Programme</b> Suggested Activity	Bikes are a great way to get out, explore your neighbourhood and keep fit at the same time. Use this themed programme to look at some basic bike maintenance and safety skills, before getting out on your bikes and exploring the world around you.	Outdoors	Get Adventurous, Get Active, Get Learning, Get into the Bible
10/06/2024	<b>THE PERFECT FATHER</b> Activity	Use the story of the Prodigal Son to consider how forgiveness and unconditional love flow in abundance from our 'Perfect Father' in Heaven. Link to Father's Day (16 <sup>th</sup> June 2024).	Indoors	Get into the Bible
17/06/2024	<b>REUSABLE COFFEE CUP CHALLENGE</b> Activity	The world is full of single use plastics, and other items, that are filling up our planet with rubbish. We all need to get better at using re-usable items. Get designing your own reusable coffee cup and enter it into our Summer 2024 competition, to win your design as an actual coffee cup. Link with World Refill Day (16 <sup>th</sup> June). Find out more at <a href="https://www.refill.org.uk/world-refill-day">https://www.refill.org.uk/world-refill-day</a>	Indoors	Get Involved

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24/06/2024	<b>360 DEFENCE</b> Activity	A game to put your reactions to the test. Take on the rest of the group in this fast-paced game, where your 'friends' will be aiming to get you out of the game from all angles around you. You'll need eyes in the back of your head!	Indoors or Outdoors	Get Active
01/07/2024	<b>Wimbledon</b> Suggested Activity	The world-famous tennis grand slam tournament is back in the UK for another year. Celebrate this by having a tennis themed programme. This could include learning some tennis skills, playing a tournament or whipping up some strawberries & cream.	Indoors or Outdoors	Get Active
08/07/2024	<b>PADDLESPO RTS</b> Activity	Get to know more about paddlesports, such as canoeing, kayaking and paddleboarding, by learning some key terms and finding your way around some of the different crafts. A partnership card with The Boys' Brigade Canoe Club ( <a href="https://canoeclub.boys-brigade.org.uk">https://canoeclub.boys-brigade.org.uk</a> ).	Indoors	Get Adventurous
15/07/2024	<b>Paddlesports Session</b> Suggested Activity	Following learning about paddlesports, now put that knowledge to the test by organising a trip to take on some paddlesports for real. This could be canoeing, kayaking, paddleboarding or something else. What will you try out?	Outdoors	Get Adventurous
22/07/2024	<b>Outdoor Cooking</b> Suggested Activity	We all love a BBQ during the summer months. Fire up a BBQ at your meeting space and take part in some outdoor cooking. Young people could cook shop brought food, or alternatively give making homemade burgers a try.	Outdoors	Get Adventurous, Get Creative
29/07/2024	<b>THE OLYMPICS</b> Themed Programme	Paris plays host to the 2024 Summer Olympics, featuring 32 sports with 329 events. Learn about the history of some of these sports that are, and have been, competed at the games over the last 120+ years. Link to Summer Olympics 2024 (26 <sup>th</sup> July – 11 <sup>th</sup> August 2024).	Indoors	Get Active, Get Learning, Get into the Bible, Get Creative
05/08/2024	<b>Go Wild</b> Suggested Activity	Revisit some of our Go Wild challenges. There are over 25 outdoor activities for you to have a go at. Find out more at <a href="https://boys-brigade.org.uk/gowild">https://boys-brigade.org.uk/gowild</a>	Outdoors	Get Adventurous
12/08/2024	<b>Geocaching</b> Suggested Activity	Explore your local area by geocaching – a treasure hunt for the 21 <sup>st</sup> century, using GPS and a smart phone. Download the 'Geocaching' app, find some caches local to you and then head out to find them.	Outdoors	Get Adventurous
19/08/2024	<b>Navigation Skills</b> Suggested Activity	Challenge the group to learn and develop their navigation skills. This could be by doing some theory work, or by getting outdoors and navigating for real. Consider taking on our 'Navigator' Staged Award. Details can be found at <a href="https://boys-brigade.org.uk/achievement-type/staged-awards">https://boys-brigade.org.uk/achievement-type/staged-awards</a>	Indoors or Outdoors	Get Adventurous
26/08/2024	<b>My Programme, My Say</b> Suggested Activity	Spend some time with the group considering the activities you've done recently. Which activities did they enjoy and which didn't they enjoy? Use these discussions to help generate ideas for future programmes.	Indoors	Get Involved