



WOULD YOU RATHER?



AIM

Allow Seniors to get to know each other better with this easy to run activity, finding out the group's preferences over a series of questions and choices. A great activity to help welcome new Seniors to the age group.

WHAT YOU'LL NEED

- > 'Would You Rather' Question Sheet

WOULD YOU RATHER?

THEME: ESSENTIALS



LEADER PREPARATION

A leader should download the 'Would You Rather?' question sheet.



[Download 'Would You Rather?' Question Sheet](#)



GETTING INTO THE ACTIVITY

This activity is all about encouraging the group to find out more about each other and the similarities and differences you each have.

- 1 Line up in a straight line, standing shoulder to shoulder with each other. The space in front of the line is 'Option A' and the space behind is 'Option B'.
- 2 A leader should ask one of the would you rather statements from the sheet, giving option A and B each time.
- 3 Once the statement has been read out, everyone should decide which option they would choose, and indicates their answer by stepping forwards for A or backwards for B.
- 4 After each decision has been made, take a look around and see who has chosen which option. Is there a majority decision or has the statement split the group in half?
- 5 Those who feel comfortable should share why they have made their decision and any reasons why they think their option is better. Encourage others to answer back and have a small debate on which option is the best.
- 6 After discussions, ask if anyone wishes to now swap, based on the arguments that have been made.
- 7 Before moving on to the next question, everyone should get back into one straight line.
- 8 Continue the activity, with new statements being called out and everyone once again choosing either option A or option B.



IDEAS TO TAKE THIS FURTHER...

Make up your own list of 'Would You Rather?' questions that can be used for the activity.



KEEPING EVERYONE SAFE

No further instructions.

'WOULD YOU RATHER?' QUESTIONS

	A	B
1	Be taller but less funny.	Be smaller, but funnier.
2	Ride the same rollercoaster for 24 hours.	Watch paint dry for 24 hours
3	Watch a film at the cinema.	Watch a film at home.
4	Trade your intelligence for better looks.	Trade your looks for more intelligence.
5	Have incredible clothes, but really old technology (i.e. phone, TV, headphones etc)	Have incredible technology but terrible clothes.
6	Make more money doing a job you hate.	Make less money doing a job you love.
7	Someone be honest and hurt your feelings.	Someone lie to protect your feelings.
8	Be stuck on a broken ski lift.	Be stuck in a broken building lift.
9	Travel into the future to meet your children/grandchildren.	Travel back in time to meet your ancestors.
10	Go to school/college/work for more hours per day, but fewer days.	Go to school/college/work for fewer hours per day, but more days.