



GET LEARNING



30 MINUTES



PREPARATION
NEEDED

MY BB TIME CAPSULE



AIM

October 2023 is the 140th anniversary of The Boys' Brigade. Celebrate this milestone by creating a time capsule to be opened in 10 years time at the 150th, when our Anchors have grown up to become Seniors. The Boys' Brigade was founded on 4th October 1883.

WHAT YOU'LL NEED

- Plastic Container (Time Capsule Box)
- A Padlock or Cable Ties
- 'A Letter to My Future Self' Template
- Time Capsule Sign
- Items to put inside the Capsule

GET LEARNING: MY BB TIME CAPSULE

THEME: ME & MY WORLD



LEADER PREPARATION

A leader will need to print out the template sheets (if using) and find a suitable container that can be made into the time capsule. Photos may also need to be collated and printed.



Download 'A Letter to My Future Self' Template & Time Capsule Sign



GETTING INTO THE ACTIVITY

- 1 October 2023 is the 140th anniversary of The Boys' Brigade. In 10 years time it will therefore be the 150th anniversary, which will be a big celebration. Ask the group how old they will be in 10 years time? Most will be 15-18 and will therefore be in our Seniors age group!
- 2 Create a time capsule that can be opened in 10 years time, when they are Seniors. It will be a great way of looking back at their time in Anchors and reflecting on their own BB history.
- 3 Below are some ideas for things that can be placed inside the capsule. For a capsule you could use a plastic container or something similar. Make sure to place a lock or cable ties on the box and a sign to go on the outside so people don't open the capsule early.
 - **Group Photo:** Take a group photo to put in the capsule. This will be a nice thing to look back on in 10 years time to see how everyone has grown up.
 - **Photos of Activities:** Print some photos of activities you have done recently. How will the activities your Anchors do now be different to those they do when they are Seniors?
 - **A Letter to My Future Self:** Use our template to allow Anchors to write a letter to their future self. This can capture their likes and dislikes today as well as some of their hopes for the future. We've provided a written letter template as well as one that uses drawings.
 - **Artwork / Craft:** Could you add a couple of pieces of artwork or some recent crafts you have done in Anchors? This will show the creative activities they did when they were in Anchors.
 - **BB Badges / Certificates etc:** Place some BB badges, recent certificates or medals etc into the time capsule too. In 10 years, those opening the capsule will be able to see the achievements of the group – some of which they may have forgotten about in the future.
 - **Other Ideas:** Is there anything else they would like to add to the time capsule? Maybe a newspaper or mementos from 2023 (i.e. photos of them celebrating the Coronation).



IDEAS TO TAKE THIS FURTHER...

Get involved with our Anchors '140 Challenge'. Can you find a creative and imaginative way to create the number '140'?

Find out more about the Challenge at

<https://boys-brigade.org.uk/140th-anniversary>

A LETTER TO MY FUTURE SELF

To Future Me!

My name is _____ and I am currently _____ years old.

When you open this letter in 10 years time, I will be _____ years old.

My favourite thing to do in my free time is _____

and my favourite food is _____.

When I'm older I really want a job being a _____.

I'm currently in the Boys' Brigade as an Anchor. My leaders are called

_____ and my best friend(s) at Boys'

Brigade is/are _____.

My favourite thing to do at Boys' Brigade is _____.

The best thing I have done at BB so far has been _____.

I can't wait to meet my future self in 10 years time!

From _____

A LETTER TO MY FUTURE SELF

To Future Me ... I can't wait to meet you in 10 years' time!

Here are some drawings about who I am in 2023 and what my hopes are for my future in 2033.

A drawing of what I look like now ...	My favourite thing to do in my free time is ...	My favourite food is ...	My dream job when I'm older is ...
My best friends at BB are ...	My favourite game at BB is ...	My BB leaders are ...	What I think I'll look like in 10 years time ...

BOYS' BRIGADE TIME CAPSULE OPEN IN 2033

