

# SUMMER ADVENTURES

ANCHORS

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We've put together a list of 20 activities for you to have a go at over the summer.

We want to encourage you to spend time outdoors over the summer trying out some great activities. You can have a go at the activities in your garden, in parks and open spaces near you or perhaps further afield at the seaside as part of a day out or holiday.


See how many activities you can tick off whilst spending time with family and friends – and remember have lots of fun on your adventures!

## IMPORTANT NOTICE For Parents/Carers

- Activity **MUST** be supervised by a parent/carer **AT ALL** times.
- A parent/carer **MUST** assess risk before allowing their child to participate.



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|---|---|---|---|---|---|---|
| <p><b>1</b></p>  <p><input type="checkbox"/> Go on a Cycle/<br/>Scooter Ride</p>          | <p><b>2</b></p>  <p><input type="checkbox"/> Roll down a<br/>really big hill</p> | <p><b>3</b></p>  <p><input type="checkbox"/> Camp Outdoors</p>                           | <p><b>4</b></p>  <p><input type="checkbox"/> Build and Fly a<br/>Kite</p>           | <p><b>5</b></p>  <p><input type="checkbox"/> Dam a Stream</p>                        | <p><b>6</b></p>  <p><input type="checkbox"/> Climb a Hill</p>                | <p><b>7</b></p>  <p><input type="checkbox"/> Catch a Crab/<br/>Fish/Insect</p> |
| <p><b>8</b></p>  <p><input type="checkbox"/> Go Paddling/Swim<br/>in Sea/River/Lake</p> | <p><b>9</b></p>  <p><input type="checkbox"/> Build a Den</p>                    | <p><b>10</b></p>  <p><input type="checkbox"/> Fun with Water<br/>(i.e. Water Fight)</p> | <p><b>11</b></p>  <p><input type="checkbox"/> Have a Picnic<br/>Outdoors</p>      | <p><b>12</b></p>  <p><input type="checkbox"/> Play a Sport /<br/>Game Outdoors</p>  | <p><b>13</b></p>  <p><input type="checkbox"/> Enjoy a family<br/>BBQ</p>    |   |
| <p><b>14</b></p>  <p><input type="checkbox"/> Create a piece<br/>of Nature Art</p>      | <p><b>15</b></p>  <p><input type="checkbox"/> Climb a Tree</p>                 | <p><b>16</b></p>  <p><input type="checkbox"/> Go on a Family<br/>Day out</p>           | <p><b>17</b></p>  <p><input type="checkbox"/> Go on an A-Z<br/>Scavenger Hunt</p> | <p><b>18</b></p>  <p><input type="checkbox"/> Try skimming<br/>Stones on Water</p> | <p><b>19</b></p>  <p><input type="checkbox"/> Visit a<br/>Country Park</p> | <p><b>20</b></p>  <p><input type="checkbox"/> Build a<br/>Sandcastle</p>     |

 As you take on these on as part of your **Summer Adventures** we would encourage you share photos/videos with your BB group and share on social media using **#BBAdventure**.