

Seniors



AUTUMN 2023

PROGRAMME PLANNER

Some great activities and ideas to use with your group over the next term:

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
04/09/2023	WOULD YOU RATHER? Essentials	Allow Seniors to get to know each other better with this easy to run activity, finding out the group's preferences over a series of questions and choices. A great activity to help welcome new Seniors to the age group.	Indoors	Essentials
11/09/2023	National Competitions Taster Suggested Activity	Our National Competitions for Company & Seniors are back for 2023/24. Have an evening of playing some of the sports/activities from our National Competitions, including football, table tennis, badminton, FIFA, chess & Masterteam (Quiz). Afterwards if any young people are interested in taking part, then head to https://boys-brigade.org.uk/national-competitions . Entry deadline is 17 th September 2023.	Indoors	Get Active, Get Learning
18/09/2023	LIGHTS, CAMERA, ACTION! Themed Programme	Learn and develop important videography skills that can be used to create engaging video, reels and stories to help promote what we do at Boys' Brigade. A partnership card with Refresh PR (https://www.refreshpr.co.uk).	Indoors	Get Creative, Get Learning, Get into the Bible, Get Active
25/09/2023	PITCHES & PUTTERS Activity	A golf themed twist on the classic game of noughts and crosses. Can you get three pitches or putts in a row before your opponent? This activity could be linked to the Ryder Cup, 25 th September – 1 st October.	Indoors or Outdoors	Get Active
	140 MONOPOLY CHALLENGE Suggested Activity	Join us in either Aberdeen, Glasgow, Manchester or London for our 140 Monopoly Challenge, to help celebrate our 140 th anniversary. Compete against teams from across the Brigade in a race to visit each location, with challenges to complete along the way. For more information and to sign up visit https://boys-brigade.org.uk/140th-anniversary	Outdoors	Get Adventurous
02/10/2023	140 YEARS Activity	The Boys' Brigade is celebrating its 140 th anniversary in 2023 and a lot has happened in that 140 years! Sort through history as you try to solve what world events and major milestones have happened since 1883. The Boys' Brigade was founded on 4 th October 1883.	Indoors	Get Learning

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09/10/2023	PRAYER WALK Activity	Jesus' greatest commandment was to love your neighbours. Use this opportunity to go and physically do that by walking around your community and seeing what people and places you can pray for.	Outdoors	Get into the Bible
16/10/2023	ON A BUDGET Themed Programme	With the cost of living rising and prices soaring, more people are looking at ways to reduce their spending and save money. Use our themed programme to help discover new ways of making every penny stretch as far as it can.	Indoors	Get Learning, Get Creative, Get into the Bible, Get Involved
23/10/2023	A WORLD WITHOUT Themed Programme	Can you imagine a world without the Internet? Or a planet without mobiles? How about life without God? What are our basic needs and what can we truly live without?	Indoors	Get Learning, Get Active, Get into the Bible
30/10/2023	UK Parliament Week Suggested Activity	Get involved with UK Parliament Week (6 th – 12 th November), a celebration of people power, democracy and how we can all make a difference. For resource ideas and to apply for an activity pack visit https://www.ukparliamentweek.org	Indoors	Get Involved
06/11/2023	POPPY WORD ART Activity	Create a poignant piece of art using words associated with Remembrance and the significant sacrifice of countless soldiers over the last 100+ years. Link with Remembrance Day (11 th November).	Indoors	Get Creative
13/11/2023	SURVIVAL SKILLS: TOO HOT OR TOO COLD? Activity	Survival skills are often needed in extreme situations. Would you know what to do if you found yourself in a situation where you were exposed to extreme cold or heat? Find out with this survival skills activity.	Indoors	Get Adventurous
20/11/2023	SOCIAL MEDIA & GOD Themed Programme	For most people social media is a core part of our daily lives, but navigating social media as a Christian can at times be a challenge. What does it truly mean to 'follow' and was Jesus the ultimate 'influencer'?	Indoors	Get into the Bible, Get Learning, Get Creating, Get Active
27/11/2023	St Andrew's Day Suggested Activity	St Andrew's Day is 30 th November. You could use the evening to celebrate with some Scottish activities. Take on a quiz, get cooking a Scottish dish or maybe take on a traditional Scottish sport.	Indoors	Get Learning
04/12/2023	IS IT OK? DRINK DRIVING Activity	Roughly 20% of all drink drivers are teens, yet sadly many teens still get behind the wheel after a few drinks. Consider why the temptation might be there to do it and then understand why it's never OK to drink and drive.	Indoors	Get Involved
11/12/2023	End of Term Trip Suggested Activity	Organise to go on a trip or visit for the end of term. Decide what you want to do as a group and then organise for it to happen.	Indoors or Outdoors	Get Adventurous, Get Involved
18/12/2023	Christmas Party Suggested Activity	Host a Christmas party to finish the year. Invite members to come in their cheesiest Christmas jumper and play some party games through the night.	Indoors	Get Active, Get Creative, Get into the Bible