

PROGRAMME PLANNER

Some great activities and ideas to use with your group over the next term:

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
04/09/2023	KNOWING ME, KNOWING YOU PONG Essentials	Land the table tennis balls in the opposite team's pyramid of cups to find out more about them, in this fun and competitive ice breaker game. A great game to play to help welcome new Company members to the age group.	Indoors	Essentials
11/09/2023	National Competitions Taster Suggested Activity	Our National Competitions for Company & Seniors are back for 2023/24. Have an evening of playing some of the sports/activities from our National Competitions, including football, table tennis, badminton, FIFA, chess & Masterteam (Quiz). Afterwards if any young people are interested in taking part, then head to https://boys-brigade.org.uk/national-competitions . Entry deadline is 17 th September 2023.	Indoors	Get Active, Get Learning
18/09/2023	FITNESS POST-IT TAG Activity	With a range of fitness 'challenges' written on post-it notes, how many of the post-it notes can you dodge from being stuck to you? Who will end up with the most fitness challenges to compete when the timer is up?	Indoors or Outdoors	Get Active
	140 MONOPOLY CHALLENGE Suggested Activity	Join us in either Aberdeen, Glasgow, Manchester or London for our 140 Monopoly Challenge, to help celebrate our 140 th anniversary. Compete against teams from across the Brigade in a race to visit each location, with challenges to complete along the way. For more information and to sign up visit https://boys-brigade.org.uk/140th-anniversary	Outdoors	Get Adventurous
25/09/2023	140 MONOPOLY CHALLENGE Activity	Can't make it to one of our 140 Monopoly challenge locations? Why not take on a similar challenge in your own local town or city? Race around your local Monopoly board, attempting to tick off all the properties in one day.	Outdoors	Get Adventurous
02/10/2023	THE BIG BB QUIZ Activity	The Boys' Brigade is celebrating its 140 th anniversary. Get to know more about our 140 year history with our 'Big BB Quiz', finding out fascinating facts along the way. The Boys' Brigade was founded on 4 th October 1883.	Indoors	Get Learning

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09/10/2023	PRAYER: THE LAST RESORT? Activity	Is prayer there to be used just as a last resort or should it form an important part of every day? Encourage your young people to consider the value of prayer and how they use it in their lives.	Indoors	Get into the Bible
16/10/2023	GLADIATORS Themed Programme	Gladiators... Ready! A new series of 'Gladiators' is coming to BBC this Autumn. Challenge your young people to create their own gladiator personalities before taking on some battles for themselves.	Indoors	Get Active, Get into the Bible, Get Creative
23/10/2023	IMAGINE A MAN Themed Programme	'Masculinity' at times can be seen as a negative or 'toxic' word. Reframe that narrative by looking at how we can instead make 'positive masculinity' flourish. A partnership card with 'No Knives, Better Lives' & YouthLink Scotland. See https://www.noknivesbetterlives.com	Indoors	Get Involved, Get Learning, Get into the Bible, Get Active
30/10/2023	Bonfire Cooking Suggested Activity	Light a bonfire and use it to cook some tasty treats. Snacks could include s'mores, campfire bread twists or campfire banana boats. Some recipes can be found on the Programme Hub. Link to Bonfire Night, 5 th November.	Outdoors	Get Adventurous
06/11/2023	UK Parliament Week Suggested Activity	Get involved with UK Parliament Week (6 th – 12 th November), a celebration of people power, democracy and how we can all make a difference. For resource ideas and to apply for an activity pack visit https://www.ukparliamentweek.org	Indoors	Get Involved
13/11/2023	DIY PHONE SPEAKERS Activity	Using just a kitchen roll tube and a couple of cups, create an impressive speaker for your smartphone, helping you to listen to music with friends.	Indoors	Get Creative
20/11/2023	THE BIBLE Themed Programme	The Bible is thousands of years old, has multiple authors, contains 66 books, and tells stories about thousands of characters. Find out more about this unique book and how we can all use it to change our lives for the better.	Indoors	Get into the Bible, Get Active, Get Learning
27/11/2023	AN EQUAL CHALLENGE Activity	Life can be unfair sometimes, but that doesn't mean it has to be. Challenge your young people to consider what it can be like to be on the receiving end of unfair treatment and what all of us can do to reduce inequality.	Indoors	Get Involved
04/12/2023	ESCAPE ROOM Themed Programme	Take on our Escape Room challenge and see if your young people have the logical thinking and teamwork skills to escape the room in a record time.	Indoors	Get Learning, Get Active, Get into the Bible
11/12/2023	Christmas Dinner Suggested Activity	As a group spend the evening cooking a Christmas dinner. Split the tasks between the group and let them each take responsibility for a part of the dinner. Come together once it is all cooked and enjoy the festive meal.	Indoors	Get Creative
18/12/2023	Christmas Party Suggested Activity	Host a Christmas party to finish the year. Invite members to come in their cheesiest Christmas jumper and play some party games through the night.	Indoors	Get Active, Get Creative, Get into the Bible