

CHOICES



GET INTO
THE BIBLE



10 MINUTES



PREPARATION
NEEDED

AIM

We all make lots of choices every day. Some of those choices are better than others. Do we always include God in those decisions and when we do, how does God help us to make better choices?

WHAT YOU'LL NEED

- > 'Good & Bad Choices' Signs
- > Water
- > Glass Vase or Large Container
- > 'Making Good Choices' Script or Video

GET INTO THE BIBLE: CHOICES

THEME: DEVELOPING MY FAITH



LEADER PREPARATION

A leader will need to gather the equipment required for the object lesson and have these set up before leading the activity. The 'Good & Bad Choices' sign and arrow can be printed, or these could be created using pen and paper.



Download 'Good & Bad Choices' Signs, Arrow & Script



GETTING INTO THE ACTIVITY

- 1 Each day we make lots of choices and decisions. Ask the group to share some of the choices they made today. This might include what to watch on TV, what toys to play with, which clothes to wear, whether to put tomato ketchup on their dinner and so on.
- 2 Encourage the group to think about and share the best decision they have ever made. This might be things such as deciding to join a sports team or club, deciding to make friends with someone at school or making a decision to buy a certain toy with their birthday money.
- 3 Now ask the group to think about and share one of the worse decisions they have ever made. This might be choosing to say something horrible to a friend, getting into a fight, lying to their parents/carers about something important.
- 4 Making the right choices in life can sometimes be hard and we don't always get things right. Thankfully we don't have to make our choices alone, we often have good people in our lives who can help us to make good decisions. Can the group give any examples of people who can help? Answers may include parents/carers, teachers, BB leaders, friends etc.
- 5 Christians believe that they also have God in their lives, who can help them to make good choices by asking him for his wisdom and guidance.
- 6 Complete the 'Making Good Choices' object lesson, using the instructions and script that we have provided. Alternatively, you could show our video of this, which can be found at <https://boys-brigade.org.uk/programme-activity-type/programme-videos>
- 7 Finish in prayer, thanking God that he gives us the wisdom we need to help make good decisions in our lives.



"But if any of you needs wisdom, you should ask God for it. God is generous. He enjoys giving to all people, so God will give you wisdom."
James 1:5



KEEPING EVERYONE SAFE

If using a glass vase, please take care to ensure it is not knocked over and smashed. Make sure to keep water away from electrics and clear any spillages straight away.

MAKING GOOD CHOICES OBJECT LESSON

SETUP

Place an empty glass vase, large transparent container or similar on the centre of a table. To the left of the vase place the 'Bad Choices' sign. To the right of the vase place the 'Good Choices' sign. Behind the vase place the arrow sign, which will point towards the 'Bad Choices' sign. Have a jug of water ready to use for the object lesson.



THE SCRIPT

Our life is full of choices and we make hundreds of choices every single day. Some of these decisions are quick and easy choices such as which socks to wear in the morning, what to have for breakfast or which cartoon to watch after school.

However some of the choices we make in our lives are a bit harder to make and have bigger consequences both for us and for the people around us.

Sometimes when we don't think things through properly or are tempted to be a little bit naughty, we can get some of those decisions a bit wrong and make bad choices. Thankfully we have God in our lives who is always there to help us to make good decisions and live our lives in a way that is pleasing. Let's have a look at what that can look like.

I want you to imagine that this vase is you and either side of you are the good and bad choices we can make in our lives. When our lives are empty of God, just like this vase is empty of water, then some of the choices we make can end up being bad ones, as we are only thinking of ourselves and not others. This can be seen by the big arrow behind the vase pointing towards the bad choices.

However when we fill our lives with God's wisdom, through reading the Bible, praying often and asking for God's help, God's wisdom can then help us to turn those bad choices into good ones.

(As saying this sentence, start filling the vase up with water. As the water level goes above the arrow, the arrow will look like it has flipped and is now pointing towards the good choices.)

So remember, the more we fill ourselves up with God's wisdom the better we'll become at making good choices in our lives that are good for us and the people we love.

BAD CHOICES

GOOD CHOICES

