

# Seniors



## SUMMER 2023

# PROGRAMME PLANNER

Some great activities and ideas to use with your group over the next term:

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
01/05/2023	<b>King Charles III Coronation</b>	Join the country in celebrating the Coronation of King Charles III (6 <sup>th</sup> May 2023). Check out all our Coronation resources, activities and competitions at <a href="https://boys-brigade.org.uk/coronation">https://boys-brigade.org.uk/coronation</a>	Indoors	Get Learning, Get Creative, Get Active, Get Into the Bible, Get Involved
08/05/2023	<b>Europe</b>	To help celebrate the UK hosting the Eurovision Song Contest, spend some time exploring some of our European neighbours. This could be through a quiz, tasting different foods or exploring the different flags.	Indoors	Get Learning
15/05/2023	<b>THE LAND, AIR &amp; WATER CHALLENGE</b> Activity	During Summer 2023, take on our 'Land, Air & Water Challenge', tasking Seniors with trying to complete three adventure activities that see them conquer land, air and water.	Indoors or Outdoors	Get Adventurous
22/05/2023	<b>BATTLE IT OUT</b> Themed Programme	The competition starts here! Battle it out amongst each other in a series of mini battles, trying to score as many points as you can along the way. Who will be crowned overall champion of the battles?	Indoors or Outdoors	Get Active, Get Adventurous, Get into the Bible
29/05/2023	<b>THANK YOU VOLUNTEERS</b> Activity	1 <sup>st</sup> – 7 <sup>th</sup> June each year is Volunteers' Week. Come together as a group of Seniors to plan a way in which you can say thank you to the volunteers that work with you, by providing them with a session of activities.	Indoors	Get Involved
05/06/2023	<b>Canoeing or Kayaking</b>	Find a local provider of canoeing or kayaking and book a session on the water. Learn some basic paddling skills and explore a river near you. This could be included as part of the 'Land, Air & Water Challenge' activity.	Outdoors	Get Adventurous, Get Active
12/06/2023	<b>ZACCHAEUS</b> Activity	When Jesus spent time with Zacchaeus it got people talking, with many thinking that Jesus shouldn't be spending time with someone so hated and corrupt. Who would be a modern day version of Zacchaeus and what can we learn from his story?	Indoors	Get into the Bible

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
19/06/2023	<b>Family Night</b>	Invite the families of your Seniors for an evening at Boys' Brigade, showcasing the activities & adventures provided each week. A great way for leaders to build relationships with parents/carers.	Indoors or Outdoors	Get Active, Get Creative, Get Learning, Get into the Bible
26/06/2023	<b>Go Wild</b>	Revisit some of our Go Wild challenges. There are over 20 outdoor activities for you to have a go at. Find out more at <a href="https://boys-brigade.org.uk/gowild">https://boys-brigade.org.uk/gowild</a>	Outdoors	Get Adventurous
03/07/2023	<b>THE KAZOO MUSIC BATTLE</b> Activity	Put your musical skills to the test with this fun & silly music battle. With just a kazoo to support you, can you communicate a popular music track to the rest of the group for them to guess?	Indoors	Get Creative
10/07/2023	<b>STACK IT &amp; SORT IT!</b> Activity	A logic puzzle that will test your problem-solving skills. All you'll need to do is move five rings from one pole to another. But things aren't as simple as they sound!	Indoors or Outdoors	Get Learning
17/07/2023	<b>Women's FIFA World Cup</b>	The Women's FIFA World Cup takes place in Australia & New Zealand during July & August 2023. Seniors could create a programme that looks at this competition, explores the host nations and put their football skills into action.	Indoors or Outdoors	Get Learning, Get Active
24/07/2023	<b>Campfire Cooking</b>	Build and light a campfire, and then use that fire to cook some campfire treats. This could be quick and easy snacks, or you may want to try cooking a full meal using the fire.	Outdoors	Get Adventurous, Get Creative
31/07/2023	<b>CHAMPION OF THE COURT</b> Activity	An active challenge that will see Seniors battle it out on a sport's court to become the champions of that court. This is a quick and fast paced challenge, meaning Seniors will need to be at the top of their game to finish victorious.	Indoors or Outdoors	Get Active
07/08/2023	<b>IN THE BAND</b> Themed Programme	Coldplay, Oasis, The Beatles and Queen are just some of the well-known bands to have come from the UK over the years. Put your band knowledge to the test and your music skills into practice with this themed programme.	Indoors	Get Creative, Get Learning, Get Active, Get into the Bible
14/08/2023	<b>Sports at the Park</b>	Take a trip to your local park and have a few games of some of your favourite sports. Football, cricket, rounders and more. You could even turn it into a tournament, competing to become 'Sports at the Park' champions.	Outdoors	Get Active
21/08/2023	<b>Plan a Trip</b>	Use this week to head to a local adventure activity, tourist attraction or activity centre. Which activity will you decide to do?	Indoors or Outdoors	Get Adventurous
28/08/2023	<b>Review Your Programme</b>	Spend some time with the group considering the activities you've done this year. Which activities did you enjoy and which didn't you enjoy. Use these discussions to help generate ideas for future programmes.	Indoors	Get Involved