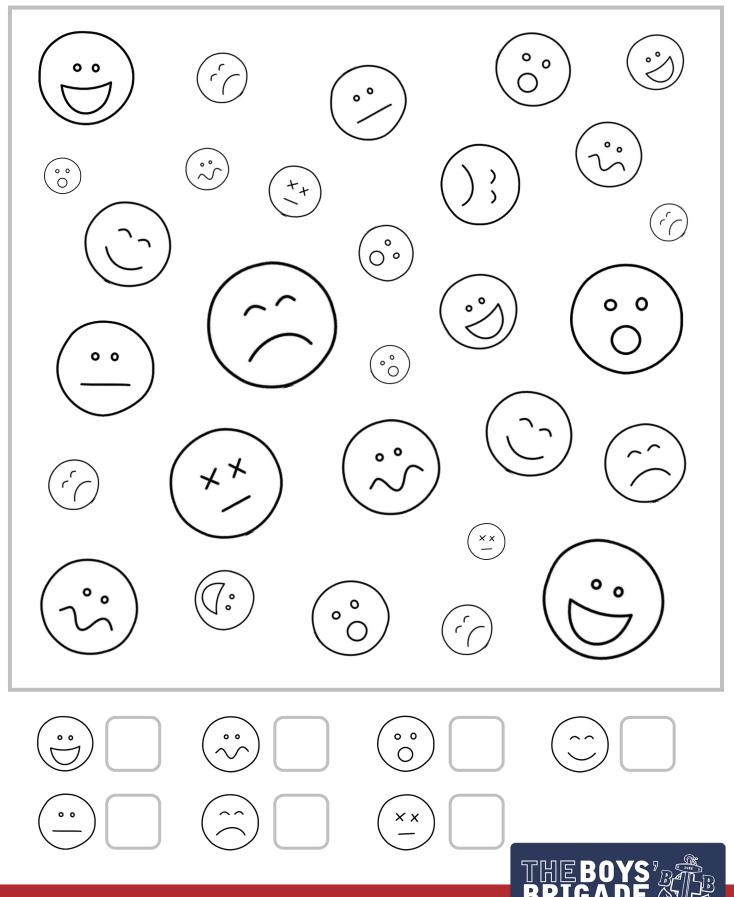
## **EMOTIONS I SPY**

How many of each emotion can you find?

Once you've solved the puzzle, spend time colouring in the emotions. Colouring can be a great way to help you feel relaxed and improve how you might feel.



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