Company

Seniors

CHRISTMAS CHALLENGE



AIM

Take on our BB Christmas Challenge programme, ticking off a number of festive challenges on our challenge tick sheet, with the aim to achieve our special Christmas Challenge bauble. How many Christmas challenges will you aim to complete?

WHAT YOU'LL NEED

- > Christmas Challenge Tick Sheet
- Christmas Challenges Instructions Sheet
- Various Resources, depending on the challenges selected



CHRISTMAS CHALLENGE



LEADER PREPARATION

A leader will need to download the challenge sheets and consider which challenges they wish to take on as a group. The activities chosen for the challenge will then determine what preparation is required.

📩 🖸 Download Christmas Challenge Tick Sheet & Christmas Challenge Instructions Sheet

GETTING INTO THE ACTIVITY

Our Christmas challenge has some great activities for you to take on over the festive period. From puzzles to bakes, festive quizzes to finding out more about the Christmas story. There is something for everyone in this challenge!

How it Works

1 🛃 Download and print the Christmas Challenge tick sheet. You could give one to each young person taking part or you could just use one for the whole group. This challenge tick sheet provides a box for each of the 25 challenges. Once a challenge has been completed, it can be ticked off, helping to show the progress as you go through the challenges.



Set a Target: How many challenges you aim to complete is completely up to you. Whilst there are 25 on the list, that doesn't mean you need to do all 25. Set a target based on how many are realistic for your group and then aim to hit that target.

At BB & At Home: All of the challenges can be completed within your BB meeting space. However, you may also like to set some 'At Home' challenges that young people do in their own time at home. This could include challenges such as decorating a Christmas tree, watching a Christmas movie, making a Christmas bake and more. You could set an 'At Home Challenge' each week throughout late November and early December. Make sure to then save time in your weekly meeting nights for children and young people to update you on how they got on each week.

Christmas Challenge Bauble: Once the target has been hit, you can then award those taking part with our Christmas Challenge Bauble. This medal can then be taken home and hung on the Christmas tree as a bauble, to help celebrate ticking off the Christmas Challenge.

KEEPING VERYONE SAFE

Leaders will need to consider the risk element in each of the activities when planning them into your programme. Make sure to reduce any risks before taking on each challenge. Risks may include working in a kitchen, using scissors, certain craft materials etc.











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Company Seniors THE CHRISTMAS CHALLENGES



CHRISTMAS EMOJI QUIZ



Can you use your emoji knowledge to work out the hidden Christmas films and song titles? Take on our quiz of 15 lines of emojis and see how many you can guess correctly, then consider creating your own questions.

Resource - Emoji Quiz



Watch the Christmas story from the view of the Shepherds in this modern day retelling, with the shepherds replaced for rough sleepers and the stable now a tent. Afterwards discuss why the video shows that the meaning of Christmas is still important today.

'Do not be afraid. I bring you good news that will cause great joy for all the people'. (Luke 2:10-11)



Resource - Part One & Part Two

Christmas is a time for giving, particularly to those who need it the most. Think about how you can collect some items for a local foodbank and maybe encourage others to do so too. Just a few items could make a big difference this Christmas.

Resource - Find a Local Foodbank





Debate one of the most important discussion topics around - Which is the ultimate Christmas movie?!

With classics such as Home Alone, Elf, The Muppet Christmas Carol, The Grinch and more, there's a lot of great Christmas movies to consider! Which will be crowned your ultimate Christmas movie?

Resource - The Ultimate Christmas Movie





Christmas is celebrated all around the world and therefore across a wide number of languages. Challenge yourself to learn to say 'Merry Christmas' in at least 5 different languages.



Resource - Merry Christmas Around the World (Languages)



Wearing a Christmas jumper is increasingly becoming a popular modern Christmas tradition. Organise to have a Christmas jumper night at BB and have a competition for who can wear the cheesiest festive jumper.





Grab the popcorn, get comfortable and watch one of your favourite Christmas movies.... or give a new movie a try! This could be as a BB activity or completed at home.



MAKE A PALLET CHRISTMAS TREE

Transform an old pallet into a Christmas tree, that will make a perfect addition to the decorations at your home or Church. A great way to recycle a used pallet, whilst at the same time bringing about a bit of Christmas cheer.

Resource - Pallet Christmas Tree





Get into the kitchen and baking this Christmas classic. Mince pies have been associated with Christmas since the early middle ages and are still a best seller today! Bake your own batch of mince pies to tick of another Christmas challenge.

Resource - Mince Pie Recipe







CHRISTMAS WITH MATTHEW & LUKE

The birth of Jesus is an incredible story of a small baby born in a stable that went on to change the world. Revisit the biblical version of events by reading either Matthew or Luke's account in the Bible. Can you find one verse that sums up the meaning of Christmas to you?



Find your local ice skating rink and slip on some skates. Will you be a natural on the ice or will you need to spend time finding your balance? How many laps of the rink can you complete unaided?







Think you know your 'Last Christmas' from your 'Jingle Bell Rock'? Take on a Christmas song quiz and put your knowledge to the test. The quiz could take the form of Christmas intros, missing lyrics, or name the tune. Either create your own quiz or use one found online.

Resource - Christmas Intro YouTube Quiz



DECORATE A CHRISTMAS TREE

How early is too early to put up a Christmas tree? 1st December? The end of November? Before Bonfire Night?! Regardless of the date you choose to put up your tree, make sure to get involved and add a bit of sparkle to your Christmas at home.





A carols and lessons Church service helps to tell the story of Christmas through both Christmas carols and readings from the Bible. Participate in a service or even organise your own for your Boys' Brigade or Church. Make sure to invite family and friends along too.





CHRISTMAS AROUND THE WORLD

Christmas traditions vary around the world, from rollerskating to Church to hunting for pickles in Christmas trees, but where do all these Christmas traditions come from? Use our themed programme to find out!

Resource - Christmas Around the World





Get your brain cells all fired up with a Christmas puzzle. There's plenty to choose from, including festive versions of sudoku, codebreaking and anagrams.



A popular game to play over Christmas is 'Charades'. As a group write down lots of words, phases or items related to Christmas and pop them into a bowl. Split into two teams and take turns at acting out the charades. Which team can get the most correct?





Resource - Christmas Puzzle Sheets

Which well known celebrities and public figures are hiding behind Father Christmas' beard and hat? Look beyond the disguise to identify the hidden public figure. Once finished, why not try creating a few Santa celebrities yourself?



BAKE A CHRISTMAS TREAT

Christmas is often a time for over indulgence. From chocolate to cake, biscuits to puddings, we're never far from a Christmas treat. Take a look through some recipes and decide on a festive bake/treat that you could make.

Resource - Chocolate Orange Christmas Pudding



Resource - Santa Face Quiz







Christmas can be a lonely or sad time for some people in our communities. Think about putting together a care package that you could give to needy people this Christmas. Packages could include sweets, chocolate, hand creams, puzzles, biscuits, messages and more. Who could you give your care package to?



NVENT A CHRISTMAS GAME OR CHALLENGE

Come up with a game or challenge that could then be incorporated into a Christmas party. This could be in the style of a Christmas themed 'Minute to Win It' challenge, a quiz / puzzle or it could be an adaption of a favourite game or activity. Once you've got the game or challenge organised, make sure to include it in your Christmas party plans.





It's party time! Hold an action packed Christmas party, complete with games, challenges, food and more. Why not pop on your best Christmas jumper

for the party too? Check out our Christmas party themed programme for some ideas of activities you could include in your party.

Resource - Christmas Party Themed Programme



We've left the last three challenge for your own free choice. Are there Christmas activities you like to do each year that you could incorporate into the challenge? What three activities could you add to your challenge, to tick of the last three boxes?



