

# Seniors



## AUTUMN 2022

# PROGRAMME PLANNER

Some great activities and ideas to use with your group over the next term:

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
05/09/2022	<b>Welcome Back!</b>	Welcome Seniors back with activities focused on bringing the group together again and welcoming any new members. Check out some icebreakers and new term activities within our Essentials Cards: <a href="https://boys-brigade.org.uk/facetoface_activity_areas/essentials">https://boys-brigade.org.uk/facetoface_activity_areas/essentials</a>	Indoors	Get Learning, Get Active
12/09/2022	<b>Seniors Forum</b>	Come together as a group of Seniors and have a discussion on the activities, opportunities, trips, awards etc that you want to experience and work towards. Use this activity to plan out the Autumn term and beyond.	Indoors	Get Involved
19/09/2022	<b>YOUR FUTURE: PLAN &amp; BECOME</b> Themed Programme	Get involved with our Themed Programme in partnership with the University of Bolton. This programme encourages young people to start exploring what they want from their future and how to achieve these goals.	Indoors	Get Involved, Get Learning, Get Active, Get Creative
26/09/2022	<b>SURVIVAL SKILLS: A PLAN FOR SURVIVAL</b> Activity	Faced with a survival situation, would you be calm enough to make rational decisions that aid your survival, or would you panic and make the situation even worse? Explore some key decisions faced in the early stages of a survival situation and discuss how you would plan to survive.	Indoors	Get Adventurous
03/10/2022	<b>WHAT ARE THE CHANCES?</b> Activity	What are the chances of winning a coin toss? What about winning the lottery? How about the chances of Jesus being the real deal? Explore some of the prophecies written about Jesus and decide for yourself.	Indoors	Get into the Bible
10/10/2022	<b>KNIFE CRIME</b> Activity	Knife crime is far more prevalent in the UK than it should be. Explore some of the shocking stats, understand why carrying a knife doesn't provide protection and how knives can have horrific consequences for all involved.	Indoors	Get Learning
17/10/2022	<b>Staged Awards</b>	Take a look at the various Staged Awards and give one of them a try. Level 1 of most awards can be achieved in approximately 1 hour, so why not try ticking off the first level of one of the awards and then presenting the certificate. For more information visit <a href="https://boys-brigade.org.uk/staged-awards">https://boys-brigade.org.uk/staged-awards</a>	Indoors	Get Active, Get Adventurous, Get Creative, Get into the Bible, Get Involved, Get Learning

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24/10/2022	<b>DRIVING</b> Themed Programme	Turning 17 finally allows young people to get behind the wheel and learning to drive. Run a themed programme centred around the joys of learning to drive as well as some of the important things you need to know whilst behind the wheel.	Indoors	Get Learning, Get Active, Get Involved, Get into the Bible
31/10/2022	<b>DARTS</b> Activity	Hit the bullseye with this activity card that features a number of different ways to play darts, either as individuals or in teams. Can anyone score a perfect 180?	Indoors	Get Active
07/11/2022	<b>INDIA</b> Themed Programme	Take a trip to South Asia and one of the most populated countries in the world – India. With our themed programme you'll have a chance to explore Indian culture, try some of their food and learn what makes India such a popular place to visit.	Indoors	Get Learning, Get Creative, Get into the Bible, Get Active
14/11/2022	<b>PETITION FOR CHANGE</b> Activity	Petitions are a great way for citizens to raise awareness to important issues and directly bring that to the attention of decision makers. This UK Parliament Week (14 <sup>th</sup> – 20 <sup>th</sup> November) consider what issue you could champion with a petition.	Indoors	Get Learning, Get Active, Get Involved
21/11/2022	<b>FITNESS</b> Themed Programme	There are lots of ways for us all to keep fit and healthy. Take a look at the importance of keeping fit before then putting on your trainers and taking part in some fitness activities for yourself.	Indoors	Get Active, Get Learning, Get into the Bible, Get Creative
28/11/2022	<b>PALLET CHRISTMAS TREE</b> Activity	Transform an old pallet into a Christmas tree, that will make a perfect addition to the decorations at your home or Church.	Indoors	Get Creative
05/12/2022	<b>Christmas Challenge</b>	Take on our BB Christmas Challenge programme, ticking off a number of festive challenges to be awarded with the Christmas Challenge medal. More information can be found at <a href="https://boys-brigade.org.uk/programme/christmas-challenge">https://boys-brigade.org.uk/programme/christmas-challenge</a>	Indoors	Get Active, Get Adventurous, Get Creative, Get into the Bible, Get Involved, Get Learning
12/12/2022	<b>CHRISTMAS MOVIES</b> Themed Programme	There's nothing better in the run up to Christmas than sitting on the sofa and enjoying some of your favourite Christmas movies. Celebrate some of the nation's favourite festive movies with this themed programme.	Indoors	Get Learning, Get Creative, Get Active, Get into the Bible
19/12/2022	<b>Christmas Challenge</b>	Continue ticking off the challenges from our BB Christmas Challenge programme. If enough challenges have been completed then make sure to award the medals, so they can be hung on Christmas trees at home.	Indoors	Get Active, Get Adventurous, Get Creative, Get into the Bible, Get Involved, Get Learning