

Company

LIFE TO THE FULL



GET INTO
THE BIBLE



30 MINUTES



IN THE
CUPBOARD

AIM

The Vision of The Boys' Brigade is that children and young people experience 'Life to the Full'. But where does that come from, what does it mean and how can that Bible verse shape our lives?

WHAT YOU'LL NEED

- Life to the Full Video
- Post-it Notes
- Pens

GET INTO THE BIBLE: LIFE TO THE FULL

THEME: DEVELOPING MY FAITH



LEADER PREPARATION

A leader will need to access our 'Life to the Full' video and use a projector or large TV to display it. You'll also need some speakers too.



GETTING INTO THE ACTIVITY

- 1 Start by asking the group to think ahead to when they are older and in their retirement. When they look back on their lives, what do they want to have achieved? Where do they want to have been? What do they want to have done with their lives? Challenge them to consider these things and write / draw them onto post it notes. Place these notes on a wall, with a piece of paper saying 'My Life to the Full' in the centre of that wall.
- 2 Let some people share what they have written down. Are there any similarities between them?
- 3 As humans living in a very material world, it can be very easy for us all to think about lives full of cars, houses, holidays, adventure activities, money, experiences and more. These things are all great and play a role in people's lives. But these things don't always last and have no meaning beyond this world. Did anyone come up with anything less material for their 'life to the full'?
- 4 What about our spiritual lives? What about our relationship with God? God wants us all to live 'life to the full' and get the most from our time on this planet. But what does 'Life to the Full' in the biblical sense mean?
- 5  Watch our 'Life to the Full' video by Dez Johnston, President of The Boys' Brigade. In this video, Dez explores what John 10:10 means for our lives and how we can put that into practice.
- 6 Having watched the video, spend some time as a group going through the questions that Dez has challenged you to think about.
- 7 Finally finish the activity in prayer, thanking God that he has a vision for our lives and wants us to experience life to the full. Full of his love, kindness and compassion.



IDEAS TO TAKE THIS FURTHER...

Invite your Minister / Chaplain and / or another member of the Church to come along to BB and share how they live 'Life to the Full', this could be a great way of them sharing their own testimony with an opportunity for young people to ask them questions about their faith journey.



KEEPING EVERYONE SAFE

No further instructions.