

WIMBLEDON

THEMED PROGRAMME



AIM

Wimbledon is the oldest tennis tournament in the World and has been taking place since 1877. Reckon you've got what it takes to be the next Federer, Nadal or Murray? Let's find out with this tennis themed programme.

ACTIVITIES

-  Wimbledon
-  Wimbledon Letter Challenge
-  Football Tennis
-  Tennis Number Smash
-  Wimbledon Mess
-  Fault!

WIMBLEDON

» INTRODUCTION

Wimbledon is one of the UK's biggest sporting events on the calendar and takes place in late June & early July each year.

The tournament first began in 1877, making it the oldest tennis tournament in the world.

Wimbledon is one of the four Grand Slam tennis tournaments and is played at the All England Club in Wimbledon, London. The tournament is unique because it is the only Grand Slam that is played on a grass court, the traditional tennis playing surface.

? DID YOU KNOW?

- Wimbledon has taken place every year since 1877, apart from during the World Wars and COVID.
- All players have to wear white clothing when playing.
- The longest match ever played at Wimbledon was in 2010 and lasted over 11 hours, stretching across three days.
- 54,250 balls are used during the tournament. Those not in use are stored in a fridge to keep them in tip-top condition.



GET ACTIVE: PLAYING SPORT WIMBLEDON

Run a mini Wimbledon tennis tournament with your BB group. You may need to book some tennis courts at your local park or club.

- 1 Work out how many people will be entering your tournament. If you are running low on numbers then consider opening this up to the Company age group or inviting some of your leaders to play.
- 2 Place the names of those playing in a hat and then pull them out one at a time to create a knockout style tournament.
- 3 Each game should be played as per the competition draw. If you're looking for a quick competition, then play the first to so many points (i.e. 10 points with alternate serves)
- 4 Continue playing each of the games until you have an overall winner.



GET LEARNING: PROBLEM SOLVING WIMBLEDON LETTER CHALLENGE

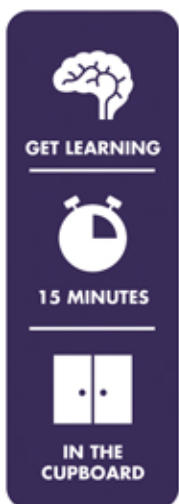
A word-based puzzle that will get you using your brain to hunt for as many matching words as possible in the time limit.

- 1 Split into pairs. Each pair should have a piece of paper and a pen.
- 2 Write the word 'Wimbledon' at the top of the paper.
- 3 Each team then has 5-10 minutes to come up with as many words as possible using the 9 letters found in 'Wimbledon'. All words must be 4 letters long or more.
- 4 For every word found, each pair will receive the number of points equivalent to the length of the word. So, a five letter word would get 5 points. The pair with the most points win. We've provided an answer sheet which can be downloaded to help score at the end of the challenge.



GET ACTIVE: PLAYING SPORT FOOTBALL TENNIS

- 1 This game is a combination of football and tennis. Set up a tennis court using cones and a net.
- 2 Ideally this game should be played as doubles (i.e. two people on each side of the net).
- 3 One player should start by kicking the football over the net. The opposite team should then return the football by kicking it back over, but keeping the ball within the court. The ball is allowed to bounce once inside your half before you kick it.
- 4 Continue this game of volleys until one team causes a fault.
- 5 If the serving team wins the point they keep the serve, if they lose the point the other team serves. The same person should serve until the team loses serve, the serve should rotate to someone else if the team regains the serve.
- 6 Play to an agreed set number of points (i.e. first to 10 points).

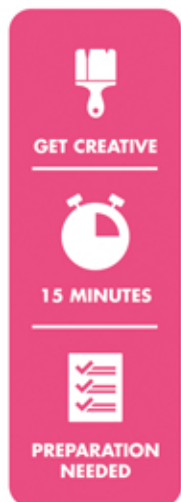


GET LEARNING: PROBLEM SOLVING TENNIS NUMBER SMASH

- 1 You'll need to play this game against a wall. On separate pieces of A4 paper, write the numbers 1-10. Stick these to a wall, spreading them out a little bit from each other.
- 2 Split into two teams. Each team should have a tennis racket and a ball.
- 3 Someone should take on the role of quiz master. Read out one of the questions below. The two people playing for their team can only answer the question by successfully hitting the correct number on the wall with the tennis ball. The first person to hit the correct answer gets the point.
- 4 Continue playing, with different team members taking a go, until you are out of questions. The team with the most points wins.
 - How many suits in a pack of cards – 4
 - How many colours on a Rubik cube – 6
 - How many rings on the Olympic rings – 5
 - How many London teams in the Premier League – 7
 - How many sides does a decagon have – 10
 - How many toes on a camel's foot (i.e. on one foot) – 2
 - How many zeros in a billion – 9
 - Which number lies directly opposite 6 on a dice – 1
 - What day of Christmas did 'my true love' send French hens – 3
 - Starting from the planet closest to the Sun and working out, what number planet is Neptune? – 8



Keeping Everyone Safe: Ensure you use a wall which does not have any windows which could be broken and is appropriate to use to hit balls against.



GET CREATIVE: IN THE KITCHEN WIMBLEDON MESS

Wimbledon is famous for its spectators eating a large quantity of strawberries and cream whilst watching the tennis. Be inspired by Wimbledon's love of strawberries and cream by making a 'Wimbledon Mess', a tennis themed version of Eton Mess.

- 1 Chop the tops of some strawberries and then cut them in half.
- 2 Cut your meringue nests into small chunks. These should roughly be bite sized pieces.
- 3 Lightly whip the cream and then add it to your strawberries and meringue. How much you choose to add depends on your preference.
- 4 Gently use a spoon to mix the ingredients together.
- 5 Place the Wimbledon Mess in a bowl to serve. Alternatively, you could spoon the mixture into dessert glasses.
- 6 Enjoy!


What you'll need:

- 5-6 Strawberries
- 1 Meringue
- Double Cream



GET INTO THE BIBLE: UNDERSTANDING CHRISTIAN VALUES FAULT!

- 1 As a group brainstorm all the different ways you can score a point in tennis. This should include the ball bouncing twice, a double fault, an ace, the ball going out of bounds, the ball being hit into the net.
- 2 Almost every way of scoring a point in tennis involves someone making a 'fault'. Tennis is all about forcing your competitor to make an error.
- 3 By default this means that even the greatest tennis players in the world are constantly making 'faults' and errors. However, these players aren't defined by these faults, but instead by the way they play the game, the skill they have and their ability to turn games around. In short, tennis players aren't defined by their mistakes but instead by the way they respond and continue pushing forwards.
- 4 Tennis games also aren't lost after one error. Instead, every point after that fault is just as important (if not, more important) than the one before it. Faults are made, but the game goes on. In the world of tennis, winners ultimately learn how to deal with their mistakes and move on.
- 5 What 'faults' have you made today? Have you let them define your day, your week or even your life? Or have we found a way to learn from the mistake, become a better person and move on?
- 6 Christians believe that sharing our faults with God and asking for forgiveness is a great start to moving on and learning from our mistakes. We know that God is always ready to forgive us, if we are truly sorry for what we have done. If God can forgive us, then surely we can forgive ourselves?
- 7 Finish in prayer thanking God for sacrificing his son Jesus, so that our faults will always be forgiven. Ask God for the wisdom and strength to always learn from mistakes made and use them as a learning experience to make better choices going forwards.

 **'All of us make a lot of mistakes. If someone doesn't make any mistakes when he speaks, he would be perfect. He would be able to control everything he does.' James 3:2**

WIMBLEDON LETTER CHALLENGE

8 LETTERS

Imbolden

7 LETTERS

Bowline

Limboed

Blondie

6 LETTERS

Bowmen

Enwomb

Wimble

Wombod

Womble

Blowed

Bowled

Limbed

Mildew

Milneb

Mobled

Nimble

Blowie

Emboli

Mobile

Bindle

Blonde

Dolmen

Limned

Milden

Windle

Boiled

Bolide

Domine

Emodin

Moiled

Moline

Monied

Nobile

Oilmen

Doline

Indole

5 LETTERS

Embow

Blown

Bedim

Below

Bowed

Bowel

Demob

Elbow

Imbed

Limbo

Mowed

Women

Biome

Blend

Blind

Blond

Boned

Demon

Denim

Doble

Dowel

Dwine

Endow

Lemon

Limed

Limen

Lobed

Lowed

Melon

Mined

Model

Monde

Nobel

Owned

Widen

Wield

Wiled

Wined

Dobie

Dowie

Obeli

Lined

Loden

Olden

Oiled

Oldie

Olein

4 LETTERS

Womb

Blew

Blow

Bowl

Limb

Mown

Meow

Bend

Bind

Bled

Bold

Bond

Down

Lewd

Mend

Mild

Mind

Weld

Bide

Bile

Bine

Bode

Boil

Bone

Demo

Dime

Dome

Lime

Limo

Lobe

Lowe

Mile

Mode

Mine

Mole

Omen

Owed

Wide

Wine

Lend

Deli

Diel

Dole

Done

Idol

Idle

Lied

Line

Lion

Loin

Lone

(more 4 letter words exist)