

Seniors



GET
ADVENTUROUS



45 MINUTES



PREPARATION
NEEDED

A NEW TOWN OR CITY



AIM

There are hundreds of towns and cities across the UK, all offering a unique experience to those visiting. As a group of Seniors find a town or city you haven't been to before and put the wheels in motion to go and visit it.

WHAT YOU'LL NEED

- Access to the Internet
- Pen & Paper
- Map of the UK

GET ADVENTUROUS: A NEW TOWN OR CITY

THEME: VISITS & TRIPS



LEADER PREPARATION

This activity is all about giving young people the opportunity to plan a trip to a different town or city. Ideally this activity should be led by young people and supported by leaders. Whilst there may be challenges (i.e. financial & logistical) to visiting some towns or cities, try to help young people overcome these where possible.



GETTING INTO THE ACTIVITY

- 1 Sit down as a group of Seniors and take a look at a map of the UK. Have a brief chat about all the different places you have visited as a group. How many towns and cities can you tick off from the map? Share what sort of things you did when you visited different towns/cities. Were there any places that you really enjoyed visiting and would recommend to others?
- 2 Now you have crossed off a number of towns and cities, take a look at places that are left. Where has the group never visited before? Try and identify 3 or 4 places that haven't been visited, that the group would be interested in going to.
- 3 Split into pairs / smaller groups and do some quick research, using the internet, into what tourist attractions and places to visit each of your towns or cities has. This might include museums, football stadiums, adventure activities, landmarks etc. Once you have completed your research come back together as a larger group and share what you have found out.
- 4 The group should then vote on which of the towns or cities they would like to visit.
- 5 Now set about planning the visit. Think about when you'd like to go, how you'll get there, what you'll do, how much it will cost, how will the details be communicated to parents / carers etc. Share the plan with your leaders, so they can support you with some of the details and planning.
- 6 Once fully planned and communicated, the countdown is on until you head on your visit to the chosen town / city.
- 7 After your visit consider sharing some pictures and videos of your trip on social media using #BBAdventure



IDEAS TO TAKE THIS FURTHER...

Write a review of your visit to the town or city. Share it with the local council or tourist information centre of the place you visited, to let them know how much you enjoyed your visit (hopefully!).



KEEPING EVERYONE SAFE

Whilst the activity is to be led by young people, leaders should be aware of the plans and highlight any safety concerns young people may have missed. An appropriate number of leaders will need to accompany the Seniors on their visit.