

# PROGRAMME PLANNER

Some great activities and ideas to use with your group over the next term:

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
02/05/2022	<b>A NEW TOWN OR CITY</b> Activity	There are hundreds of towns and cities across the UK, all offering a unique experience to those visiting. As a group of Seniors find a town or city you haven't been to before and put the wheels in motion to go and visit it.	Indoors	Get Adventurous
09/05/2022	<b>Eurovision</b>	The Eurovision Song Contest takes place every year in May, with the 2022 contest being hosted by Italy. Celebrate our European neighbours by dipping into some of their cultures and finding out more about each country.	Indoors	Get Learning
16/05/2022	<b>TAKEAWAYS</b> Themed Programme	Indian, Chinese, Thai, Fish & Chips. We all love a takeaway and we each have our favourite. This themed programme gives you the perfect excuse to order in a takeaway, or cook your own, and learn more about your favourites.	Indoors	Get Learning, Get Creative, Get Involved, Get into the Bible
23/05/2022	<b>MONEY MULTIPLIERS</b> Activity	We sadly know that money doesn't grow on trees. This activity challenges you to 'grow' your own money by starting with a small amount and using it to multiply it, in a business venture.	Indoors	Get Learning
30/05/2022	<b>THE QUEEN'S PLATINUM JUBILEE</b> Activity	The Queen celebrates 70 years on the throne. Celebrate this significant milestone by exploring more about The Queen and holding a Jubilee party. Use our Jubilee resources to help you celebrate (Platinum Jubilee, 2 <sup>nd</sup> to 5 <sup>th</sup> June). Find out more at <a href="https://boys-brigade.org.uk/platinum-jubilee">https://boys-brigade.org.uk/platinum-jubilee</a>	Indoors	Get Learning, Get Involved, Get Active, Get Creative, Get into the Bible
06/06/2022	<b>SMOOTHIES</b> Activity	A smoothie is a great way of getting in some of your five a day. Pick your favourite fruits and turn them into a refreshing and healthy smoothie.	Indoors	Get Creative
13/06/2022	<b>CHALLENGE WALK</b> Themed Programme	This themed programme gives you the opportunity to take on a challenge walk that will not only take you around your local area (or further afield) but will also see you challenged by a number of tasks along the way.	Outdoors	Get Adventurous, Get Learning, Get Active, Get into the Bible
20/06/2022	<b>Community Champions</b>	Help give something back to your community by taking on a job that makes your community a better place. This might be with a litter pick, flower planting, a community newsletter, collecting for a foodbank and so on.	Indoors or Outdoors	Get Involved

WEEK	THEME / ACTIVITY	DESCRIPTION	LOCATION	ACTIVITY AREAS / AWARDS
27/06/2022	<b>WIMBLEDON</b> Themed Programme	Wimbledon is the oldest tennis tournaments in the World and has been taking place since 1877. Reckon you've got what it takes to be the next Federer, Nadal or Murray? Let's find out with this tennis themed programme.	Indoors or Outdoors	Get Active, Get Learning, Get into the Bible, Get Creative
04/07/2022	<b>YESTERDAY, TODAY AND FOREVER</b> Activity	Things are always changing. The way we listen to music, the way we communicate, how we watch TV and more. There are very few constants in life, however one thing that remains the same is God's unconditional love.	Indoors	Get into the Bible
11/07/2022	<b>Sports at the Park</b>	Take a trip to your local park and have a few games of some of your favourite sports (l.e. Football, cricket, rounders). You could even turn it into a tournament, battling it out to become 'Sports at the Park' champions.	Outdoors	Get Active
18/07/2022	<b>NATURAL BORN LEADER</b> Themed Programme	The world is full of 'Leaders'. From politicians to business leaders, headteachers to youth leaders. Leadership skills can be a crucial tool to have in your toolbox for life. Spend some time improving your leadership skills with our leadership challenges and activities.	Indoors	Get Learning, Get Active, Get Involved, Get into the Bible
25/07/2022	<b>WATER SPONGE DODGEBALL</b> Activity	Take the classic game of dodgeball and adapt it into a water game using sponges. The perfect way to cool down in the summer!	Outdoors	Get Active
01/08/2022	<b>Seniors Forum</b>	Get your heads together and discuss the things important to you. Invite a leader(s) to join you and have some conversations around programme, trips and activities, residential opportunities, major awards and more. A great opportunity to shape your programme ready for the new BB session.	Indoors	Get Involved
08/08/2022	<b>Bike Ride</b>	Jump on your bikes and head out on a bike ride. Can you find some cycle paths in your local area to explore? Make sure to wear a helmet and consider all other safety precautions before you get started.	Outdoors	Get Adventurous, Get Active
15/08/2022	<b>Ultimate Frisbee</b>	Participate in a game of Ultimate Frisbee. This sport sees teams battle it out to get the frisbee into their end zone without being intercepted. Check out the Programme Hub for our activity card from Summer 2021 for the rules.	Outdoors	Get Active
22/08/2022	<b>Go Wild</b>	Take on some of the Go Wild challenges you didn't complete in 2021, or re-visit some of your favourites. There are over 20 outdoor activities for you to have a go at. Find out more at <a href="https://boys-brigade.org.uk/go-wild">https://boys-brigade.org.uk/go-wild</a>	Outdoors	Get Adventurous
29/08/2022	<b>A LICK OF PAINT</b> Activity	It's amazing what a new coat of paint can do to a room. Transform a room at your meeting space with a lick of paint, helping to give something back to your Church / location that you meet.	Indoors	Get Involved

# Seniors



## SUMMER 2022

### REVIEWING YOUR PROGRAMME

As you get towards the end of the session, involve your group in reviewing their programme. Ensuring their thoughts, ideas and suggestions can be heard and form part of your programme planning for next session. Check out the **MAKE IT COUNT** Essentials Activity (available on the Programme Hub), and build this into your programme for the Summer Term.

### CHALLENGE HIKES

Take on one of the Brigade's Challenge Hikes in 2022 with a range of events coming up over the summer including:

**Waltham Walk** (Essex, England) - 21<sup>st</sup> to 22<sup>nd</sup> May - <https://walthamwalk.org.uk>

**Kilbryde Hike** (East Kilbride, Scotland) - 11<sup>th</sup> to 12<sup>th</sup> June - <https://kilbrydehike.bbglasgow.org.uk>

**Cleveland Hike** (North York Moors, England) - 18<sup>th</sup> to 19<sup>th</sup> June - <https://www.theclevelandhike.com>