

# PROGRAMME PLANNER

Some great activities and ideas to use with your group over the next term:

| WEEK       | THEME / ACTIVITY                                | DESCRIPTION  | LOCATION            | ACTIVITY AREAS / AWARDS  |
|------------|---|--|---------------------|--|
| 02/05/2022 | <b>FIRST AID</b><br>Themed Programme            | First aid skills are a useful tool to have and can even be life saving. Spend some time exploring what makes a good first aider and how to perform some basic first aid treatments with this themed programme.   | Indoors             | Get Learning, Get into the Bible, Get Creative                           |
| 09/05/2022 | <b>Doughnuts</b>                                | It's National Doughnut Week (7 <sup>th</sup> to 15 <sup>th</sup> May), so it's the perfect excuse to get into the kitchen and baking some tasty doughnuts. Once baked consider topping them with a glaze and other treats.   | Indoors             | Get Creative   |
| 16/05/2022 | <b>PRICELESS TO GOD</b><br>Activity             | On our worst days we are still valued by God, in the same way as on our best days. Our value never changes, we are always priceless to God. Do we always remember that, or can we needlessly put ourselves down?   | Indoors             | Get into the Bible   |
| 23/05/2022 | <b>MY HUMAN RIGHTS</b><br>Activity              | Our human rights are our basic rights that belong to us, from the day we are born to the day we die. Explore what human rights children and young people have and consider if these are always available to all children across the globe.   | Indoors             | Get Involved   |
| 30/05/2022 | <b>THE QUEEN'S PLATINUM JUBILEE</b><br>Activity | The Queen celebrates 70 years on the throne. Celebrate this significant milestone by exploring more about The Queen and holding a Jubilee party. Use our Jubilee resources to help you celebrate (Platinum Jubilee, 2 <sup>nd</sup> to 5 <sup>th</sup> June). Find out more at <a href="https://boys-brigade.org.uk/platinum-jubilee">https://boys-brigade.org.uk/platinum-jubilee</a> | Indoors             | Get Learning, Get Involved, Get Active, Get Creative, Get into the Bible |
| 06/06/2022 | <b>ON YOUR BIKE</b><br>Themed Programme         | Bikes are a great way to get out, explore your neighbourhood and keep fit at the same time. Use this themed programme to look at some basic bike maintenance and safety skills, before getting out on your bikes and exploring the world around you.   | Indoors or Outdoors | Get Active, Get Learning, Get Adventurous, Get into the Bible            |
| 13/06/2022 | <b>BBQ</b>                                      | We all love a BBQ during the summer months. Fire up a BBQ at your meeting space and take part in some outdoor cooking. Young people could cook shop brought food, or alternatively try making homemade burgers.  | Outdoors            | Get Adventurous, Get Creative  |

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|------------|---|---|---------------------|---|
| 20/06/2022 | <b>THREE-SIDED FOOTBALL</b><br>Activity               | Take the classic game of football and mix it up, by adding a third team into the game. With two teams to battle against at the same time, can you keep the goals from going into your goal, whilst still scoring in their goals?  | Outdoors            | Get Active  |
| 27/06/2022 | <b>CHOCOLATE ORANGE CAMPFIRE PUDDINGS</b><br>Activity | Bake a tasty cake treat on a campfire, using the inside of an orange as your oven. This campfire treat gives young people the opportunity to bake a cake in a very unique way!  | Outdoors            | Get Creative  |
| 04/07/2022 | <b>Women's Euros 2022</b>                             | The 2022 European Women's Football Championship is being hosted by England, with the final taking place at Wembley. Find out about the 16 countries taking part and take on some football challenges (6 <sup>th</sup> to 31 <sup>st</sup> July).  | Indoor or Outdoor   | Get Active, Get Learning                                      |
| 11/07/2022 | <b>SOAKED</b><br>Themed Programme                     | It's a good job it's the summer, as after this themed programme it's likely you're going to be soaked! Take on our themed programme, completing water challenges and games that will put your teamwork skills to the test.  | Outdoors            | Get Active, Get Learning, Get Adventurous, Get into the Bible |
| 18/07/2022 | <b>A DICEY CHALLENGE</b><br>Activity                  | An activity that sees young people complete an obstacle course as a team, however the conditions of the course are set by the roll of a dice. What will you and your team have to overcome on this 'Dicey Challenge'?   | Indoors or Outdoors | Get Learning  |
| 25/07/2022 | <b>COMMONWEALTH GAMES</b><br>Themed Programme         | The Commonwealth Games are taking place in Birmingham this summer. Use our themed programme to take on some commonwealth inspired challenges and activities, including learning about some of the Commonwealth countries (Commonwealth Games, 28 <sup>th</sup> July to 8 <sup>th</sup> August). | Indoors or Outdoors | Get Active, Get Learning, Get into the Bible                  |
| 01/08/2022 | <b>Geocaching</b>                                     | Explore your local area by geocaching – a treasure hunt for the 21st century, using GPS and a smart phone. Download the 'Geocaching' app, find some caches local to you and then head out to find them.   | Outdoors            | Get Adventurous   |
| 08/08/2022 | <b>PITCH PERFECT</b><br>Activity                      | If you're looking to spend a night outdoors, then it's likely you'll need to know how to pitch the perfect tent. Get some hands on experience learning how to put up a tent successfully and safely.  | Outdoors            | Get Adventurous   |
| 15/08/2022 | <b>Canoeing</b>                                       | Take a trip to your local water sports provider and have a go at a paddle sport such as canoeing. A great way to spend a summer evening!  | Outdoors            | Get Adventurous, Get Active                                   |
| 22/08/2022 | <b>Go Wild</b>  | Take on some of the Go Wild challenges you didn't complete in 2021, or re-visit some of your favourites. There are over 20 outdoor activities for you to have a go at. Find out more at <a href="https://boys-brigade.org.uk/go-wild">https://boys-brigade.org.uk/go-wild</a>                   | Outdoors            | Get Adventurous   |
| 29/08/2022 | <b>Rounders</b>                                       | It's a classic summer sport – rounders. Head to your local park, split into two or more teams and battle it out for the title of 'Rounders Champion'.   | Outdoors            | Get Active  |

### REVIEWING YOUR PROGRAMME

As you get towards the end of the session, involve your group in reviewing their programme. Ensuring their thoughts, ideas and suggestions can be heard and form part of your programme planning for next session. Check out the **ACTIVITY KNOCKOUT** Essentials Activity (available on the Programme Hub), and build this into your programme for the Summer Term.

### CHALLENGE HIKES

Take on one of the Brigade's Challenge Hikes in 2022 with a range of events coming up over the summer including:

**Waltham Walk** (Essex, England) - 21<sup>st</sup> to 22<sup>nd</sup> May - <https://walthamwalk.org.uk>

**Kilbryde Hike** (East Kilbride, Scotland) - 11<sup>th</sup> to 12<sup>th</sup> June - <https://kilbrydehike.bbglasgow.org.uk>

**Cleveland Hike** (North York Moors, England) - 18<sup>th</sup> to 19<sup>th</sup> June - <https://www.theclevelandhike.com>