

ICE CREAM PARTY

THEMED PROGRAMME



AIM

Ice cream is the perfect treat for a hot summer's day. Spend some time creating the perfect ice cream sundae, playing ice cream themed games and most importantly – eating ice cream!

ACTIVITIES

-  Ice Cream Sundae Races
-  Puffy Paint Ice Creams
-  Testing My Taste Buds
-  Ice Cream Sundaes
-  Sundaes are Special

ICE CREAM PARTY

» INTRODUCTION

Ice cream is a popular treat and it is enjoyed by millions of people all around the world.

The frozen dessert is made from cream with added flavours, sweeteners and toppings to help make up the hundreds of flavours we can enjoy.

Flavours of ice cream include classics such as vanilla, chocolate, strawberry and mint choc chip. There are also some very strange flavours around such as bacon, garlic, hot dog and cheese!

? DID YOU KNOW?

- The first ice cream cone was invented accidentally in 1904 by an ice cream stall that run out of dishes. They asked a nearby waffle stall to help them out.
- There are over 1000 different flavours of ice cream.
- Vanilla is the most popular ice cream flavour, followed by chocolate and then strawberry.
- The average person in the UK eats 14 small tubs of ice cream a year.



GET ACTIVE



15 MINUTES



PREPARATION NEEDED

GET ACTIVE: ICE CREAM SUNDAE RACES

THEME: WORKING AS A TEAM

- 1 Split the group into teams. The teams should sit at one end of the meeting space, each with a bucket of coloured balls or scrunched up paper and a large spoon. At the other end of the meeting space have an empty bowl for each team. Each team will need a mixture of coloured balls or scrunched up paper, with each team having the same colours as the other teams playing.
- 2 For each round a leader will call out an ice cream sundae that needs making. One at a time, a team member from each team will need to scoop up the correct coloured ball from the bucket using their spoon and then carefully carry it to the bowl at the other end of the room. Should they drop the ball, then the player needs to stop, put it back on their spoon and then carry on.
- 3 Once the ball has been dropped off in the bowl, they can run back to their team and tag the next player who can transport the next ball, until all the balls for the ice cream sundae have been transferred. The first team to create their ice cream sundae scores a point.

Example Round – Strawberry, Vanilla and Banana Sundae – Teams would need to transfer a red, white and yellow ball into their bowl

- 4 Continue playing, with different flavoured sundaes being created. At the end, the team with the most points is the winner. To make the game more difficult, set up some obstacles for the teams to navigate on the way to their bowls.

What you'll need:

- Buckets (1 per team)
- Ball Pit Balls or Scrunched Paper (1 set per team)
- Bowls (1 per team)
- Large Serving Spoon (1 per team)

Flavours of Ice Cream:

- Red – Strawberry
- White – Vanilla
- Yellow – Banana
- Brown – Chocolate
- Green – Mint Choc Chip
- Blue – Bubble Gum



GET CREATIVE



15 MINUTES



PREPARATION NEEDED

GET CREATIVE: PUFFY PAINT ICE CREAMS

THEME: ARTY & CRAFTY

Create artistic ice cream cones using paint made from shaving foam.

- 1 To create the puffy paint, mix together shaving foam and PVA glue. You need roughly the same amount of each, but for a fluffy finish add slightly more shaving foam than glue.
- 2 Add food colouring to create coloured paint. When mixing, mix gently so you don't take too much air out of the foam.
- 3 Cut out an ice cream cone shape from brown cardboard and stick it to the bottom of a sheet of white card. You could draw lines on to the cone.
- 4 Using a paint brush and the puffy paint, paint the ice cream onto the card in balls, so it looks like scoops of ice cream.
- 5 Sprinkle glitter on top of the paint, to look like sugar sprinkles
- 6 Leave to dry, to create a firm but fluffy finish.



What you'll need :

- Shaving Foam
- PVA Glue
- Food Colouring
- Bowls
- Paint Brushes
- White Card
- Brown Cardboard
- Glitter



GET INTO THE BIBLE



10 MINUTES



READY TO GO

GET INTO THE BIBLE: SUNDAES ARE SPECIAL

THEME: UNDERSTANDING CHRISTIAN VALUES.

This activity works well following the 'Ice Cream Sundaes' activity. Whilst the children are eating their ice cream sundaes talk about the following:

- 1 Ask the group what they have been up to this week. Ask them a day at a time so you can see what has happened on each day. We all live busy lives, so between the group there should be lots of things to share.
- 2 Finally ask the group what they do on a Sunday. For some it might be a normal day with football, music lessons, playing games and visiting family. For others it might also involve going to Church.
- 3 Explain that Christians believe Sundays are special. It is a day of rest and is called the 'sabbath'. When God created the world, he made everything on the first 6 days and then rested on the 7th day. He made this day special.
 **Genesis 2 v 3** "God blessed the seventh day and made it holy, because on it God rested from all the work of creation."
- 4 Christians therefore keep Sundays as a special day and use it to go to Church and worship God through prayer, singing and thanking God for all the good in their lives.
- 5 Whilst it might not be Sunday today, spend some time imagining it is and thinking about different things the group are grateful to God for. This might be family, friends, school, BB, food, their homes or anything else they are thankful for. Write them all down on a big piece of paper.
- 6 Once complete, bring together the list with a prayer, thanking God for all the good things in our lives.

Just like ice cream sundaes are a special treat, Sundays are also special time. They're a day for us to think about all the 'sweet' things in our lives and give thanks to God for all that we have.



GET ACTIVE



10 MINUTES



PREPARATION
NEEDED

GET ACTIVE: ICE CREAM CONE RELAY

THEME: PLAYING GAMES

- 1 Split the group into teams and standing in a line. Each child should be given a cone to hold
- 2 Get the team to spread out so they can just reach the hand of the person in front and behind them.
- 3 The child at the front of the team should be given a coloured ball pit ball or scrunched paper. This should be placed in/on top of their cone.
- 4 The game involves the team passing the ball up the line, by moving it from one cone to the next. When the ball reaches the person at the back of the line, they should run to the front of the team and then repeat the process of passing the ball up the line, from cone to cone. The game should continue until the child who started the game is back at the front of the line.

What you'll need:

- Ball Pit Balls or Scrunched Paper (1 per team)
- Ice Cream Cones (1 per player)



GET LEARNING



15 MINUTES



PREPARATION
NEEDED

GET LEARNING: TESTING MY TASTE BUDS

THEME: PROBLEM SOLVING

You'll need a mixture of ice cream related products to test. This could be flavours of ice cream, different toppings, sauces etc. Make sure you have a good mix and some flavours which are more obscure than others.

One product at a time, get the children to close their eyes, or blindfold them, and eat a small spoonful of the ingredient.

Give them all a moment to think about what the taste is and then ask them to reveal what they think they have eaten. Continue doing this with 5 or 6 different flavours or toppings. You could play this as a game and award points for correct guesses. Please check for any food allergies, before running this activity.



GET CREATIVE



20 MINUTES



PREPARATION
NEEDED

GET CREATIVE: ICE CREAM SUNDAES

THEME: IN THE KITCHEN

Get creating the perfect ice cream sundae, using your favourite ice creams, toppings and sauces.

Give each child a bowl and a spoon. Provide a variety of ice cream flavours, toppings and sauces. Toppings can include sprinkles, chocolate chips, cookie dough, fudge pieces, smarties, cherries and much more.

Ask the children to create their ideal ice cream sundae using the ingredients provided. You may wish to set some rules on how many ingredients they can use. When finished, ask each child to explain what their creation is and see if they can come up with a catchy name for it. Be quick with this bit though, otherwise all the ice cream will melt! Finally let the children eat their ice cream creations.

