

FEED THE BIRDS



GET INVOLVED



20 MINUTES



PREPARATION
NEEDED

AIM

Look after the birds in your garden or local area, by creating a simple birdfeeder for our feathered friends to feed on. Later take it home and watch which birds come to visit.

WHAT YOU'LL NEED

- › Floral Wire
- › String
- › Apples
- › Dried Fruit
- › Cheese
- › Bread

GET INVOLVED: FEED THE BIRDS

THEME: PROTECTING OUR WORLD



LEADER PREPARATION

In preparation for delivering this activity, leaders will want to do all the cutting of the floral wire and food items. The floral wire needs to be in lengths of around 30cm and the bread, apple & cheese needs to be in cubes of around 1-2cm.



GETTING INTO THE ACTIVITY

Placing food in the garden for birds assists them to keep healthy, gives much needed strength and helps them survive cold nights during the winter.

- 1** Start by sliding the pieces of food onto one of the wires. Make sure there is a variety of food on the wire and that the wire goes through the middle of the food chunks.
- 2** Leave around 3cm at each end of the wire. When full, bring the ends together to form a circle and twist the ends together until secure.
- 3** Wrap the middle of a second piece of wire a couple of times around the wire at the bottom of the bird feeder you have created. You can now create the second half of the bird feeder.
- 4** Fill the second wire up with food items. When finished, form another circle and twist the ends together at the top. Together, both wires of bird food should now create a ball shape.
- 5** Tie a small piece of string to the top of the bird feeder, so you can now hang it off a tree at home.



DID YOU KNOW?

- There are around 600 species of birds in the UK
- There are roughly 12 million blackbirds in the UK – one of our most popular birds.
- A blue tit weighs the same as a pound coin.
- Around half of the UK bird species migrate. This means they will travel & live in a different country for parts of the year.
- Studies show that garden birds spend 75% of their day looking for food.



IDEAS TO TAKE THIS FURTHER...

Challenge your group to take their bird feeders home and watch what birds come to visit. Can they get pictures of the birds in their garden? The following week discuss which birds they saw and try to identify them. Use the RSPB's interactive Bird identifier by searching for 'RSPB Identify a Bird'.



KEEPING EVERYONE SAFE

Whilst the children won't be eating the food, you will still need to check for food allergies. Be careful with the floral wire too, as this can be sharp.