

**FOR ALL  
AGE GROUPS**

# A PRAYER FOR UKRAINE



**GET INTO  
THE BIBLE**



**15 MINUTES**



**IN THE  
CUPBOARD**

## AIM

Hold the people of Ukraine in your prayers as you come together as a group to pause, reflect and pray for the situation facing Ukraine.

## WHAT YOU'LL NEED

- Ukrainian Flag Image
- Tealights
- Post-it Notes
- Pens
- 'Prayer for Ukraine' Sheet

# GET INTO THE BIBLE: A PRAYER FOR UKRAINE

THEME: PRAYER



## LEADER PREPARATION

This activity would benefit from the Ukrainian flag being on display. This could be projected onto a screen, printed out as an image or on display as a physical flag. You'll also need to gather some tealights and post-it notes.



## GETTING INTO THE ACTIVITY

This activity is designed to help give young people an opportunity to reflect on what they are hearing about in the news and a chance to direct any worries or concerns they might have into prayer.

- 1 Start by spending a couple of minutes talking to your group about the situation in Ukraine. How much you talk about will vary depending on the age group, their interest and knowledge of the situation and any questions they may ask. Tell the group that it is ok to feel sad, confused, angry and worried about what is happening. Make sure to reassure the group that the world is working hard to bring peace and they are safe here in the UK.
- 2 Whilst it can be easy to feel a little bit helpless about the situation, one important way we can make a difference is through prayer. Christians believe in the power of prayer and its ability to share God's love with others.
- 3 Ask the group to spend some time thinking about things they would like to pray for. This might be the people of Ukraine, families fleeing, those fighting, those injured, a peaceful end to war and so on. Encourage young people to write their prayers (or key words) on to post-it notes and place these somewhere near the image of the Ukrainian flag on display. We've provided a few template images below which could be printed and displayed, to help focus prayers and stick post-it notes to.
- 4 As an optional extra, you could then ask young people to light tealights to place around the flag or on a table near to the flag to help them focus on their prayer and a visual way for young people to see how their prayer can bring a little bit of light to a dark situation.
- 5 Once everyone has had a chance to write a short prayer / light a tealight, encourage the group to spend a few moments in quiet reflection and prayer. Finally bring the prayers together with our 'Prayer for Ukraine' or with your own prayer.



## IDEAS TO TAKE THIS FURTHER...

Consider completing one of the other activity cards that also helps groups to respond to the situation in Ukraine.



## KEEPING EVERYONE SAFE

Please be sensitive when discussing the situation and aware that some children and young people may be more worried and concerned than others. Take care around candles.

# A PRAYER FOR UKRAINE

Lord,

We bring before you our prayers for Ukraine.

We ask that you watch over and protect the people of Ukraine. People whose lives have been changed so drastically in such a short period of time. We particularly pray for the children and young people of Ukraine. Hold them close and let them feel your love and support.

We also pray for those who have been forced to leave their homes and take refuge in another country or safe place. We pray they have access to the food, water, shelter and safety that they need.

Lord we bring before you all those who have been injured by the fighting. Please comfort them as they rest and recover.

Finally we also pray for our world leaders who are working hard to bring about peace and stop this war. Give them the wisdom, strength and determination to find a quick and peaceful end to this conflict.

Amen









