

juniors

BE A GOOD EGG



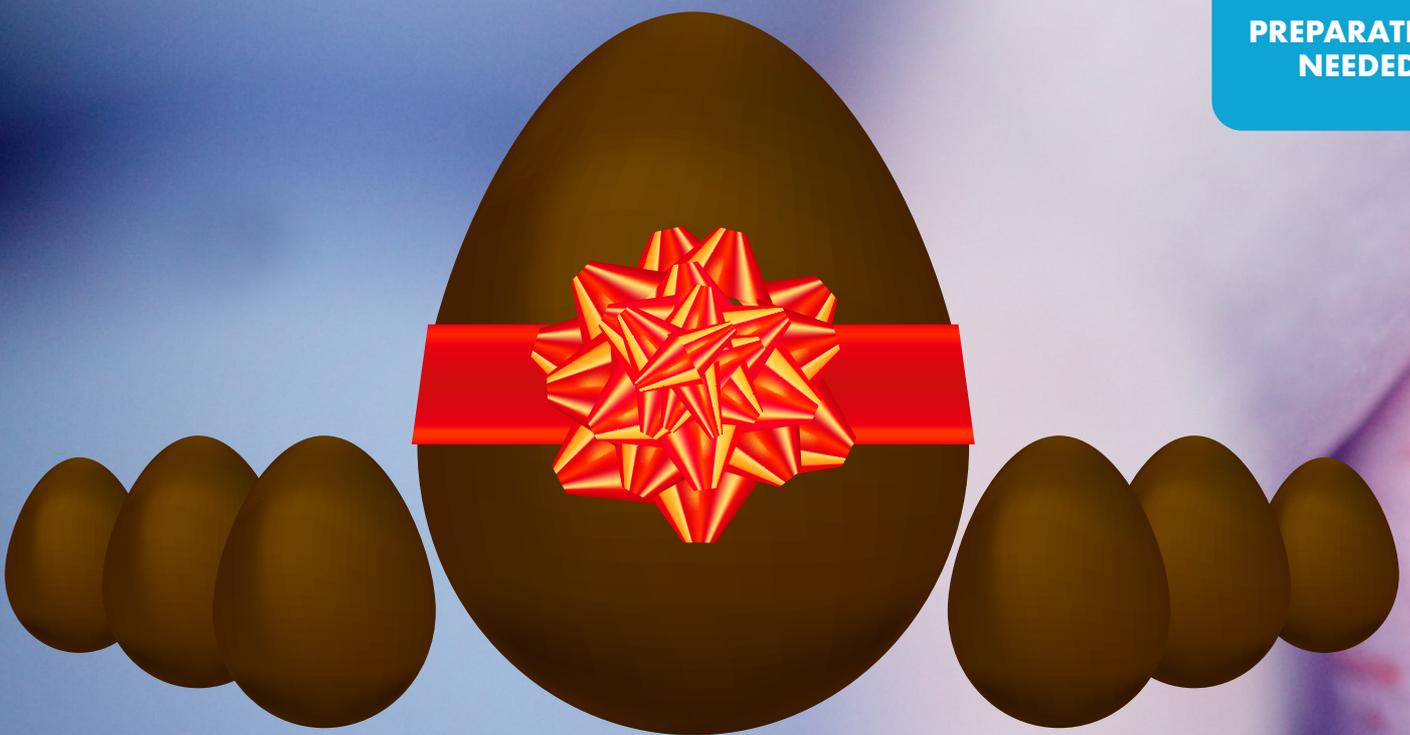
GET INVOLVED



30 MINUTES



PREPARATION
NEEDED



AIM

Spread some love this Easter by donating Easter eggs and handmade Easter cards to others. A great way to impact positively on the lives of people in the community and help put a smile on their faces.

WHAT YOU'LL NEED

- › 1 Donated Easter Egg per Child
- › Card
- › Pens

GET INVOLVED: BE A GOOD EGG

THEME: HELPING OTHERS



LEADER PREPARATION

In the week before this activity you will need to send out a note letting members and their parents know what activity you are doing and that you are asking for a donation of an Easter Egg. A leader will also need to look at suitable places to make the donation to, so the children can vote.



GETTING INTO THE ACTIVITY

This activity is all about sharing a bit of love at Easter and helping put a smile on someone's face. The group will donate Easter Eggs and a homemade Easter card to a group of people they choose.

1 Week Before: Send a note out to the group members letting them know about the 'Be a Good Egg' activity and that you are asking for an Easter Egg to be donated. A small egg around £1 - £2 would be perfect for this.

- 1** Firstly, the group will need to decide who they want to donate their Easter egg & cards to. Give the group a choice of 4 options. Discuss each option and then ask them to vote on who they want to donate to this Easter. Options to donate to may include: A children's ward at hospital, homeless centre, residential home for older people, foodbank, members of the Church, a neighbouring BB group etc.
- 2** Using the card and pens, create a colourful Easter card to go alongside the Easter Egg.
- 3** Inside the card write a nice message for the person to read when they receive their gift.

The gifts can then be delivered to the selected group. This may need to be done by a leader, but they should then update the group the following week on how the delivery went.



DID YOU KNOW?

- Approximately 80 million chocolate eggs are sold annually in the UK.
- The egg was adopted by early Christians as a symbol of the resurrection of Jesus Christ at Easter. The hard shell of the egg represents the tomb and the emerging chick represents Jesus, whose resurrection conquered death.
- Acts of Kindness can really make a life changing difference to someone – feeling loved, that others care, that they are not alone.



IDEAS TO TAKE THIS FURTHER...

As a group, find out more about the people you donate the eggs to. Look into the homeless situation in your local area or invite a volunteer from the food bank or nurse from the local hospital to come and talk to the group.



KEEPING EVERYONE SAFE

For safety, the cards shouldn't include personal information such as full names, address, which can be used to identify the child.