

THE LAST SUPPER







THEMED PROGRAMME



AIM

The Last Supper is a major event in the Easter story. Dive deeper into the events of the Last Supper in a themed programme, including sharing a meal and understanding the importance of communion.

ACTIVITIES

-  **Battle of the Last Supper**
-  **Bread Rolls**
-  **Communion**
-  **Eat, Share & Discuss**
-  **Clean Feet**
-  **Modern Day Last Supper Photo**

THE LAST SUPPER

» INTRODUCTION

The Last Supper is the final meal that Jesus shared with his disciples in Jerusalem before his crucifixion.

The Last Supper now provides the basis for the act of Communion.

The Last Supper is remembered by Christians on Maundy Thursday (the day before Good Friday). As well as remembering the Last Supper, we also remember Jesus washing his disciples' feet and the lesson that gave to us all about serving others.

? DID YOU KNOW?

- The story of the Last Supper can be found in each of the 4 Gospels.
- During the Last Supper, Jesus also predicted that Peter would deny him three times and that someone (Judas) would betray him.
- Jesus was arrested shortly after the Last Supper, put on trial and crucified.
- Da Vinci's painting of the Last Supper is a huge 4.6 x 8.8 metres and is estimated to be worth £340 million.



GET ACTIVE: PLAYING GAMES BATTLE OF THE LAST SUPPER

The Last Supper is the final meal that Jesus shared with his disciples before he was taken away and crucified on the cross. If you had one last meal with your friends, what meal would you choose?

- 1 Ask each young person to consider what their 'last supper' would be? They'll need to come up with a specific meal (i.e. Christmas Dinner, KFC boneless banquet, chicken fajitas & nachos etc)
- 2 Young people should write their meal on a slip of paper, alongside their name. Fold the pieces of paper in half and place them into a bowl.
- 3 Once all the 'Last Suppers' are in the bowl, draw two of the slips out and read them aloud. Give those two young people 30 seconds each to explain why they have chosen that meal and sell it to the rest of the group.
- 4 The group should take a vote on which of the two suppers they would prefer. The winning supper should go into a second empty bowl (round 2 bowl) and the losing supper should be removed from the game.
- 5 Keep going, battling two suppers against each other until you've got rid of half. Then go again, this time only voting (all the meals have been explained in round 1). This should continue through the rounds, until you have only one 'last supper' left. This is your winning supper!



Top Tip: Take note of the winning meal. This could be a popular choice of meal for a future camp or residential!



GET CREATIVE



20 MINUTES



PREPARATION
NEEDED

GET CREATIVE: IN THE KITCHEN BREAD ROLLS

Jesus tore bread during the Last Supper as a way for his disciples to remember him. Bake your own bread using the recipe below or buy a ready to go bread mix from the supermarket.

- 1 Sift flour and salt into a large bowl then stir the yeast and sugar in.
- 2 Make a well in the middle and gradually add 150ml of warm water. Mix using a wooden spoon to form a soft dough.
- 3 Sprinkle some flour onto a clean surface and place the dough on top. Knead the dough by pushing down into the middle to flatten and stretch, then fold it in half and push down on the centre again. Continue doing this for 5-10 minutes until soft and smooth.
- 4 Divide the dough into 4 pieces and roll them into balls. Place onto a lightly oiled baking tray. Cover the rolls with a damp tea towel and leave to prove for around 20-30 minutes.
- 5 Bake the rolls for 18-20 minutes at 220c / 200c fan.

What you'll need:

- 250g Strong white flour
- 1 tsp salt
- 150ml warm water
- 1 x 7g sachet fast action dried yeast
- 1tsp caster sugar
- Cooking utensils & equipment



GET INTO
THE BIBLE




15 MINUTES



PREPARATION
NEEDED

GET INTO THE BIBLE: CELEBRATING COMMUNION


- 1 Ask the group if any of their families have a favourite tradition? This might be how you celebrate birthdays, what you do on Christmas day, a special annual trip you take as a family and so on. Are any of these traditions deemed a bit weird or strange by people outside of your family?
- 2 A 'tradition' that Christians have is communion. This originates all the way to the Last Supper and when Jesus shared bread and wine with his disciples. Ask someone in the group to explain what communion is.
- 3 Communion is where Christians share bread and wine to remember the sacrifice Jesus made on the cross, dying for our sins. The bread represents Jesus' body that was broken for us and the wine represents his blood that was spilled for us.
- 4 Explore the story of the Last Supper by reading  **Luke 22 v 7-38**. Afterwards discuss some of the following questions: How confused do you think the disciples would have been that evening? If you were there, what would your reaction have been to Jesus asking you to eat bread and wine to represent his body and blood? Why do you think Christians continue to take communion regularly as part of their faith?
- 5 Christians choose to take communion as a way of remembering Jesus' sacrifice and appreciating just how much God loves us. Jesus was broken for us so that we can be fixed by him. By taking communion we remember that sacrifice & love and refresh our commitment to God.
- 6 If appropriate in your denomination, consider sharing in a time of 'communion' by breaking bread, drinking 'wine' and praying. Young people should have a choice about whether to take communion or not. This may be a good opportunity to invite your minister / church leader or chaplain to BB to lead this activity.



GET INTO THE BIBLE: DEVELOPING MY FAITH EAT, SHARE & DISCUSS

The Last Supper saw Jesus come together with his friends and share a meal. As they did this they talked and shared with each other. Group meals are a great way to bond, learn about each other, share stories and build relationships. Hold your own group meal and use this time to share, talk and learn about each other.

Share a Meal: Cook some pizzas (or something similar) and place them in the middle of the table. Encourage the group to tuck in and enjoy some pizza during the activity.


Discussion Questions:  Download the discussion questions. A leader should informally 'host' the discussions, asking one of the questions and then encouraging young people around the table to share answers. The more informal and 'conversational' the better. Pick and choose the questions on the list that best suit your group. Use some of the general questions to get the group warmed up and then pick some of the faith-based questions to have some deeper conversations.

Pray: Finish your meal and conversations with a prayer. Thank God for the opportunity to come together, share openly and talk with each other.

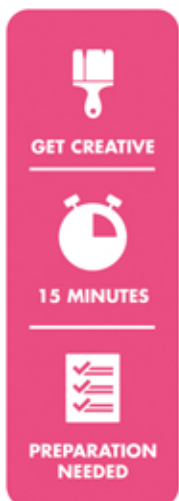


GET INVOLVED: HELPING OTHERS CLEAN FEET

- 1 After the Last Supper Jesus washed his disciple's feet. This at first seemed very peculiar and his disciples protested. They thought that Jesus – the most important person on Earth – should never have to wash someone else's feet. This was the job of a servant, not a King. However, Jesus told his disciples that no one is ever too good to help or serve another.

 **'I tell you the truth, a servant is not greater than his master. A messenger is not greater than the one who sent him. If you know these things, you will be blessed if you do them.'** John 13 v 16-17.

- 2 Challenge the group to put this theory into practice. Have some shoe cleaning kit and ask the young people to work in pairs, cleaning the other's shoes. Afterwards ask how it felt to be handling the other person's smelly shoes? Did anyone feel too important to be cleaning another person's shoe? What message was Jesus trying to give when he carried out this activity with his disciples? In what ways can we put this into practice in our daily lives and help other people, regardless of who we/they are?



GET CREATIVE: DIGITAL MEDIA MODERN DAY LAST SUPPER PHOTO

The most famous visual of the Last Supper is a painting by Italian artist Leonardo Da Vinci. Show the group a copy of the painting.

Challenge the group to recreate the image as a photo. This could be by trying to copy the painting exactly (i.e. costumes, poses, props etc) or by bringing the Last Supper to modern day life and adding in 21st century clothes, food, props and so on. Google image search 'Last Supper Recreation' for inspiration and ideas.

Take the photo and then share it on social media using **#BBAdventure** or email it to **programme@boys-brigade.org.uk** and we will share the best ones.

EAT, SHARE & DISCUSS

DISCUSSION QUESTIONS

General Questions

- If you could design your own phone app, what would it do?
- What day of your life would you like to re-live all over again?
- If you could only eat one meal for the rest of your life, what would it be?
- If you could be invisible for a day, where would you go and what would you do?
- If you had a time machine where would you choose to go first?
- What's the funniest TikTok / meme you've seen this week?
- If you could shop for free at one shop, which shop would you choose?
- If you could meet anyone from history, who would you want to meet?
- What is the funniest joke you've ever heard?
- What is your dream holiday?
- Would you rather drink all your food from a baby bottle, or wear visible diapers for the rest of your life?
- If you were Prime Minister, what would you do first?
- If you could play for any professional sports team, which team would it be? (You can't choose the team you support)
- Does pineapple belong on a pizza?
- If life were a video game, what would some of the cheat codes be?

Faith Based Questions

- If you could ask God one question, what would it be?
- What does 'Heaven' look like to you?
- If Jesus was born today and you were one of the 'Three Kings', what gift would you give him?
- If you could have one prayer answered straight away, what would it be?
- What do you think God would be most proud of you about?
- If Jesus was alive today and looking for 12 new disciples - which 12 people (i.e. well-known people) would he choose and why?
- If you could time travel and witness one event from the Bible in real-life, which event would it be?