

# ANCHORS

# SIGNS OF SPRING



GET  
ADVENTUROUS



30 MINUTES



PREPARATION  
NEEDED

## AIM

Head outdoors searching for the signs of a new season – spring. What signs of spring will you find?

## WHAT YOU'LL NEED

- Signs of Spring Activity Sheet
- Pen / Pencil



# GET ADVENTUROUS: SIGNS OF SPRING

THEME: EXPLORING THE WORLD AROUND ME



## LEADER PREPARATION

This activity is designed to be completed outdoors. A leader will need to find a suitable location for the activity which ideally has as many of the signs of spring present as possible. Consider meeting at a local park, woodland area, country park etc for this activity session.



**Download Signs of Spring Activity Sheet**



## GETTING INTO THE ACTIVITY

- 1 Start the activity by asking the group what they know about the different seasons. What do they know about spring? What can they usually start seeing during spring?
- 2 Hand the children the 'Signs of Spring' activity sheet and a pen / pencil. Explain that they are going to walk around as a group looking for the items on their checklist. The aim is to try and tick off as many 'signs of spring' as they can. Can they find them all?
- 3 This activity could be completed as one large group, or by breaking off into smaller groups. If breaking off into smaller groups, meet back together at the end and compare how each group got on.
- 4 As you go around completing the activity, have conversations with the children about spring. What is their favourite thing about spring? Have they seen any bird nests / lambs / frogspawn etc when they have been out with their families?

**Picture Hunt:** Struggle to find a suitable location for your signs of spring hunt? Print off the pictures from the activity sheet, cut them up and laminate them. Hang these pictures from trees around your local park (or even just around your meeting space). The activity can then be for the group to find the pictures on their walk, whilst also looking for any real-life signs of spring along the way too.



### DID YOU KNOW?

- There are 4 seasons in a year, spring, summer, autumn & winter.
- Spring is during March, April & May.
- Lots of animals such as sheep, cows and ducks have babies in springtime (March / April).
- In the North Pole, when spring starts so does a whole six months of daylight with no darkness.
- During the spring, birds sing a lot more because they are trying to attract mates.



## IDEAS TO TAKE THIS FURTHER...

Decorate some flowerpots and then let each child plant a bulb / flower which they can look after and help grow throughout the rest of spring / summer. Regularly check in with the children over the following weeks to see how the plants are getting on.



## KEEPING EVERYONE SAFE

Please ensure the location being used is safe and appropriate. A risk assessment of the location should be completed beforehand. This activity may require more leaders than a normal meeting, to help supervise children.

# SIGNS OF SPRING

How many of the below 'signs of spring' can you find on your walk? Tick them off as you find them.



**Daffodil**



**Bee**



**Ladybird**



**Flower**



**Puddle**



**Green Leaf**



**Blossom**



**Frogspawn**



**Birds Nest**



**Sunshine**



**Lamb**



**Birdsong**



# SIGNS OF SPRING - PICTURES



# SIGNS OF SPRING - PICTURES

