

MONSTERS

THEMED PROGRAMME



AIM

Monsters come in all kinds of wonderful shapes, sizes and colours. Explore the scary world of monsters with this themed programme... If you're brave enough!

ACTIVITIES

-  **Monster Bingo**
-  **The Lost Monster**
-  **Cookie Monster Cakes**
-  **Paper Plate Monsters**
-  **The Monster Inside Me**
-  **Scare Time!**

MONSTERS

» INTRODUCTION

Monsters are thankfully fictional creatures, often found in stories, TV shows, films and more.

Monsters come in all shapes and sizes, from giants to tiny creatures. Some monsters have loads of eyes, whilst others only have one, some are covered in colourful fur whilst others are just skin.

One of the most popular films containing monsters is Pixar's 'Monsters Inc', which stars Mike and Sulley alongside their monster friends.

? DID YOU KNOW?

- Not all monsters are scary. They are many friendly monsters such as in Shrek, Elmo, Chewbacca, Mike, Sulley and many more.
- Sulley in Monsters Inc has more than 2.3 million strands of hair on his body. That's a lot of monster hair to keep brushed!
- The most famous monster in the UK is probably the Loch Ness Monster. 'Nessie' is said to be a long necked creature that swims deep in the water in Loch Ness.



GET ACTIVE




15 MINUTES



PREPARATION
NEEDED

GET ACTIVE: PLAYING GAMES MONSTER BINGO

- 1  Download and print the monster bingo sheets. You'll need one for each person playing along with a pen or pencil. A leader will also need to cut up the individual symbols on the last sheet to use as calling cards, or use the PowerPoint provided.
- 2 One at a time, pull out a card from the bowl (or click the next slide of the PowerPoint) and show the group the image.
- 3 Children should check their bingo sheet to see if that monster is on their sheet. If it is, they'll need to cross it out on their card.
- 4 Keep playing until someone has a full line, then play for a full house. Have a prize for the winners.



GET LEARNING




15 MINUTES



READY
TO GO

GET LEARNING: PROBLEM SOLVING THE LOST MONSTER

- 1  Download the 'Lost Monster' PowerPoint. You'll need to share this with your group via a projector or large TV screen.
- 2 Explain that you're going to show them an image with a lot of monsters on it. In the corner, will be an image of our lost monster. Their job is to try and find the lost monster on each picture and save them.
- 3 Ask children to raise their hand when they have found the lost monster. Wait a few moments until most of the group have managed to find the monster and then ask someone to point it out. This could be played just for fun, or you could award points for the fastest person.
- 4 As you go through the activity, the pictures get more difficult. Play as many rounds as is appropriate with your group, based on ability and time available.



GET CREATIVE



20 MINUTES



PREPARATION
NEEDED

GET CREATIVE: IN THE KITCHEN

COOKIE MONSTER CAKES

- 1 Melt the white chocolate in the microwave.
- 2 Add a small amount of blue food colouring and mix until the chocolate is an even blue colour.
- 3 Add Rice Krispies to the bowl and mix. Continue to do this until the Rice Krispies are well coated and there isn't much excess chocolate left in the bowl.
- 4 Spoon the mixture into cupcake case.
- 5 Decorate the mixture for it to become the cookie monster. To do this place two white chocolate buttons on top as eyes, with a dab of black icing to make the pupils. Cut a cookie in half and place into the mixture where the mouth is.
- 6 Leave to set and then enjoy eating them.

What you'll need:

- White Chocolate
- Rice Krispies
- White Chocolate Buttons
- Cookies
- Black Icing Tube
- Cupcake Cases
- Blue Food Colouring



GET CREATIVE



20 MINUTES



PREPARATION
NEEDED

GET CREATIVE: ARTY & CRAFTY

PAPER PLATE MONSTERS

Create a paper plate monster with just a few simple resources.

- 1 Give each child a paper plate.
- 2 Cut / tear squares of tissue paper and stick them onto the plate using glue. Encourage children to cover the whole plate in tissue paper squares.
- 3 Complete the monster by adding eyes, noses, mouth, horns etc using coloured card. Cut out shapes (i.e triangles for horns, zig-zag lines for mouth etc) and stick these onto the plate. Some clipart eyes are available to download and print as part of this theme card.
- 4 As an optional extra, glue a magnet to the back or hang some string from the top to make it into something that can be displayed at home.
- 5 Encourage children to come up with an imaginative name for their monster and let the group show their colourful monsters to each other.



What you'll need:


- Paper Plates
- Coloured Tissue Paper
- Glue
- Scissors
- Coloured Card
- Clipart Eyes Download



GET INTO THE BIBLE: UNDERSTANDING CHRISTIAN VALUES

THE MONSTER INSIDE ME

Beforehand a leader should inflate a balloon (but not tie it) draw a monster/angry face on it with a permanent marker and then let the air back out. This balloon will then be used later in the activity.

- 1 Ask the group what makes them angry? (annoying siblings, homework, doing chores, losing games etc). What does it feel like when you are angry?
- 2 Now ask the group what they do when they get angry? (Throw a strop, storm out a room, say nasty things, be unkind etc). You could get the children to shout, stamp their feet, storm around and throw a pretend tantrum for fun. Compare their tantrums to how monsters sometimes look in films and books.
- 3 (As you go through this next part, gradually blow air into the balloon to make it become bigger and bigger and reveal the monster / angry face) Sometime when we are angry, we can trap our feeling inside and let things bubble away. This can cause us to get frustrated (blow into the balloon), shout (more air), be rude (more air), say angry words (more air), have bad feeling towards other people (more air) and so on. Those feeling get mixed around in our heads and in our hearts and they don't do us any good. Those feelings can make us become little monsters, as we can now see on our balloon.
- 4 Now ask what would happen if we kept getting angrier and adding more and more air into the balloon? It would explode. If you're feeling brave, demonstrate this. Exploding with anger isn't a good thing to do and it isn't a very Christian way of living either.
- 5 Ask the group if they can think of any better ways to deal with our anger? This could include talking to someone, taking some quiet time or counting to 10. Dealing with our anger in a better way means we won't give the little monster inside us a chance to show its face.
- 6 What does the Bible say we should do when we get angry?
 **'My dear brothers and sisters, always be willing to listen and slow to speak. Do not become angry easily. Anger will not help you live a good life as God wants.'** James 1:19-20
- 7 Being angry in itself isn't a bad thing – it's how we choose to deal with it that can cause upset and disappoint God. Our challenge is to remember this next time we get angry and try to respond in a way that doesn't release our inner monster, but instead respond to anger in a way that would please God. Finish in prayer, asking for God's help in dealing with anger.



GET ACTIVE: PLAYING GAMES

SCARE TIME!

- 1 Start the game by lining all the children at one end of the room.
- 2 Nominate one child to be the monster. They should stand in the middle of the room.
- 3 Start the game by getting all the children to chant the phrase 'We're not scared' over and over.
- 4 At some point during the chants, the monster should shout '**SCARE TIME!**'. At this point all the children must run to the opposite side of the room without getting eaten (tagged) by the monster. Any children 'eaten' must either sit out of the game or join the monster in the middle as a tagger.
- 5 Continue playing the game until you have only one child who hasn't been tagged / eaten by the monster. They are the winner.
- 6 Repeat the game with a new monster in the middle. Who can win the most rounds?

MONSTER BINGO



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PAPER PLATE MONSTER EYES

