

CELEBRATING DIFFERENCE



GET INVOLVED



20 MINUTES



IN THE
CUPBOARD



AIM

To learn about how we are all different to each other, that differences can be seen on the outside (physical) or on the inside (invisible) and that our difference should be celebrated. An activity in partnership with **Hope for Autism**.

WHAT YOU'LL NEED

- ▶ Celebrating Difference Corner Sheets

GET INVOLVED: CELEBRATING DIFFERENCE

THEME: HELPING OTHERS



LEADER PREPARATION

A leader will need to print out the 'Celebrating Difference Corner Sheets' and place these in the four corners of the meeting space.

For more information on Autism and the work of Hope for Autism, visit www.hopeforautism.org.uk



[Download Celebrating Difference Corner Sheets](#)



GETTING INTO THE ACTIVITY

- 1 Explain that we are going to play a game that makes us think about differences. Some differences we can see (physical) and others we cannot see; they are on the inside.
- 2 Get the group in the middle of the meeting space and label each corner with the corner sheets (or create your own).
- 3 Call out one of the categories (i.e eye colour, favourite animal, favourite food) and ask children to run to the corner that has their favourite item in.
- 4 As you go through the game, comment to the children about the differences in how they have voted. Some of the differences are physical (i.e hair colour, eye colour) but others are internal differences (different thought/opinions).
- 5 Discuss some other differences e.g. schools, height, physical disabilities, **differences in communication and differences in how people see and understand the world** – this is called autism. Autistic people may like different things and think slightly differently, but hopefully our game has shown that in fact all of us are different. We all have differences on the outside and the inside. That's what makes us all unique and special.

You could finish the activity by exploring autism a little more by watching a clip of Sesame Street, Sesame Street: Meet Julie (<https://youtu.be/dKCdV20zLMs>).



DID YOU KNOW?

- Autism isn't an illness or a disease, it is something you are born with.
- It affects how you communicate and interact with the world.
- It is not a medical condition with a cure.
- Like everyone, autistic people have things they are good at and things they need some help with.
- Autism is different for everyone.
- It is estimated that in the UK at least 700,000 people are autistic.



IDEAS TO TAKE THIS FURTHER...

Explore more of the likes and dislikes of the group and what makes them all different. This could be by including more categories in the corners game or by spending some time letting children draw pictures of their likes and dislikes.



KEEPING EVERYONE SAFE

The game requires running around the meeting space. Ask children to do this carefully, paying attention to other people and obstacles around them.

CORNER 1



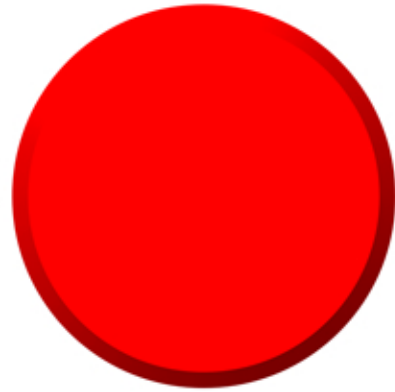
Eye Colour: Blue



Hair Colour: Brown



Playground: Roundabout



Colour: Red



Animal: Zebra



Food: Burger

CORNER 2



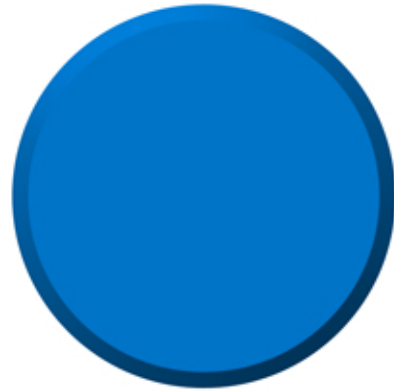
Eye Colour: Brown



Hair Colour: Other



Playground: Slide



Colour: Blue



Animal: Elephant



Food: Hot Dog

CORNER 3



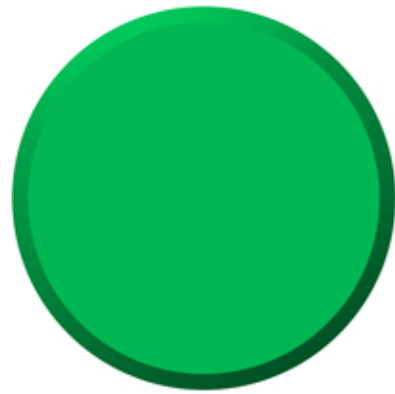
Eye Colour: Green



Hair Colour: Black



Playground: Swings



Colour: Green



Animal: Giraffe



Food: Fried Chicken

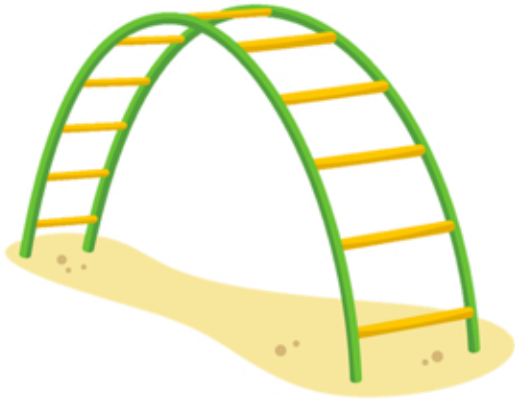
CORNER 4



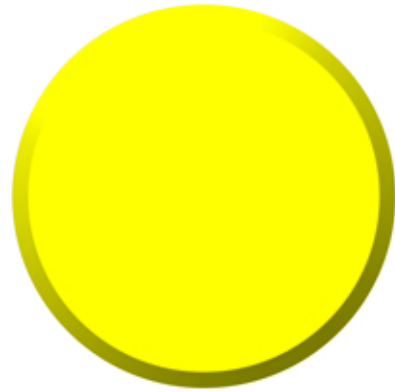
Eye Colour: Grey



Hair Colour: Blonde



Playground: Climbing Frame



Colour: Yellow



Animal: Tiger



Food: Pizza