

Seniors

MAKE IT COUNT



ESSENTIALS



20 MINUTES



READY TO GO



AIM

An opportunity, as young people start in Seniors, to look back at your highlights of BB so far and to set your goals for the next few years.

WHAT YOU'LL NEED

► Pens & Paper

MAKE IT COUNT

THEME: ESSENTIALS



LEADER PREPARATION

This activity is ideal for welcoming new Seniors into the group, as they progress from Company. Some of the questions have natural links into talking about the major awards and staged awards, so you may wish to have some materials about these ready to show/talk about.



GETTING INTO THE ACTIVITY

For most people, Seniors is the final age group for young people within The Boys' Brigade. For some it marks the last few years of BB, having been in the BB since Anchors. It may only seem like yesterday since you started your BB journey, but for some it will have been nearly 10 years. However, for others who are new to BB, Seniors might mark the start of a brand new adventure. This activity is therefore about recognising the journey you have been on to get here and setting some goals for your final few years, to help 'make it count'.

- **What has been your highlight so far from being in the BB? If you are new to BB, what are you looking forward to the most?**
- **For those who have been with BB for a while, if you could go back to your first day at BB and give yourself a piece of advice, what would it be?**
- **What one activity have you not done yet that you'd like to?**
- **What one place or experience would you like to visit/do during Seniors?** (Trip, activity centre, residential opportunity etc)
- **What awards would you like to achieve by the time you finish in Seniors?**
- **What life skills would you like to develop during Seniors?**

The Seniors age group is designed to be 'youth led', meaning that now more than ever, you are in control of your programme and what you do and achieve at Boys' Brigade. Therefore, all of the answers from above should be achievable, as you're in control.

Finish the session by chatting to your leaders about what you'd like to get out of Seniors over the coming years. Together you'll then be able to start getting the plans in place to make being in Seniors the best age group yet!

Notes for Leaders: Use this opportunity to talk about the major awards (President's, DofE, Queen's etc), when talking about what the Seniors would like to achieve. Staged awards can also be linked in when talking about life skills.