

AGREEING THE RULES



ESSENTIALS



20 MINUTES



IN THE CUPBOARD



AIM

To challenge your group to come up with their own rules for their meeting night, helping them to have ownership of what is expected of them and a say in how good behaviour is rewarded and poor behaviour discouraged.

WHAT YOU'LL NEED


- > Pens
- > Paper
- > Bible

AGREEING THE RULES

THEME: ESSENTIALS



LEADER PREPARATION

In order to link this activity to the Ten Commandments, a leader will want to bring a Bible and have looked up the Ten Commandments.  **Exodus 20:1-20**



GETTING INTO THE ACTIVITY

- 1 Start the activity with a discussion. Ask your group:
Why are rules important? What would the world be like without rules? What happens when we don't follow rules? How do rules help us to live our lives?
- 2 Ask the group if they can think of any examples of rules which are given to us in the Bible? The Ten Commandments. Can your group name any of the Ten Commandments?
- 3 Tell the story of the Ten Commandments.
- 4 Having looked at why rules are important and the Ten Commandments, challenge the group to come up with their own 'Golden Rules' for Boys' Brigade.
- 5 After discussing as a group, write down the agreed rules and then display them in your meeting place.
- 6 If you have time, also have a think about how good behaviour can be encouraged and how breaking the rules can be discouraged. What reward system can your group come up with?

POTENTIAL REWARD SYSTEMS

- **Point System:** Either as a team or individually, reward points for good behaviour. After an evening / month / term, give a prize for the most points.
- **End of term treat:** At the beginning of term, agree what the end of term treat is to be and set a target number of points in order to achieve the treat. Points could be earned individually or as one big group.
- **Best Member:** At the end of each night award one child the title of 'best member'. They could be awarded a trophy to keep for a week and be given a treat such as free tuck.



IDEAS TO TAKE THIS FURTHER...

Challenge your group to design a poster or other creative way of displaying your group's rules. The best designed poster could then be placed on the noticeboard for all to see.