



# ACTIVITY KNOCKOUT



## AIM

Have a conversation about which activities the group do or don't like, with a knockout style tournament. Which activity will win your tournament?

## WHAT YOU'LL NEED

- Activity Knockout Table
- Pens
- Paper



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THEME: ESSENTIALS



## LEADER PREPARATION

A copy of the 'Activity Knockout' activity sheet will need to be printed off for the group to use.



Download 'Activity Knockout' Activity Sheet



## GETTING INTO THE ACTIVITY

- 1 Ask the group to come up with a list of 16 activities. These should be activities that they want to try this session at BB. These might be things they have never done before, or they could be activities previously completed at BB that the group wish to re-visit. Write these ideas onto slips of paper and place them in a bowl. One at a time, pull out a slip of paper and write that activity onto the knockout table on the activity sheet.
- 2 Once all the activities are on the knockout table, this is where the debate and decisions will start to take place. Start at the top left corner, with the first two activities to go head-to-head. Have a quick discussion as a group about which activity should go through to the next round and which activity should be knocked out of the tournament.
- 3 Continue this process, slowly knocking out activities, until you are left with just one activity. This is the winning activity and therefore the activity that has been chosen by the group as the top priority to be included in the session's programme.

**Note to Leaders:** Whilst this method will only produce one 'winning' activity, it should also provide leaders with useful information to help plan the term / year's programme. Make sure to listen and take note during the conversations the young people are having, as this will help you to identify common likes / dislikes and interests of your group.



## IDEAS TO TAKE THIS FURTHER...

Use the same method to review the 'everyday' activities you use in your programme. Alternately this activity could be used to help plan the activities used in a residential or similar.

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