

DICE BREAKERS



ESSENTIALS



15 MINUTES



IN THE
CUPBOARD



AIM

To help the group to get to know each other better, in a fun and interactive way. A great activity to run if the group are welcoming new members.

WHAT YOU'LL NEED

- > Dice Breakers Activity Sheet
- > Dice

DICE BREAKERS

THEME: ESSENTIALS



LEADER PREPARATION

A leader will need to have a copy of the dice breakers activity sheet with them and a dice for children to use.



[Download 'Dice Breakers' Activity Sheet](#)



GETTING INTO THE ACTIVITY

- 1 Sit the group in a circle. A leader should have a copy of the dice breakers activity sheet on them.
- 2 One at a time, let children roll the dice and then look up the question that matches that number on the activity sheet.
- 3 Let children answer the question, so all the group can hear the answer. Leaders may wish to ask follow up questions to help find out more information and start conversations.
- 4 Continue going around the circle, with children taking turns to roll the dice and answer the questions.
- 5 You could carry on and go around the circle again, this time making sure that each child gets to answer a new question. Alternatively, as a group, you could also come up with 6 new questions to help find out even more about each other.

Top Tip: This activity is all about getting to know each other better. Leaders should therefore try to highlight any similarities between answers to help build connections between children.



IDEAS TO TAKE THIS FURTHER...

Who was listening? Afterwards have a mini quiz where you ask questions based on the answers that people gave during the activity. Who can remember James' favourite food or what Lilly's chosen superpower would be?



KEEPING EVERYONE SAFE

Some children, particularly if they are new to the group, may be very shy and reluctant to answer questions in front of the whole group. Provide support and encouragement, or adapt the activity, if this is the case.

DICE BREAKERS



If you could have one superpower, which one would it be and why?



What is your favourite game or sport to play?



If you had three wishes from a Genie, what would you wish for?



What is your favourite food?



If you had one million pounds, what would you spend it on?



Do you have a pet? If not, what pet would you like to have?
