

# ANCHORS

# ANCHORS PRAYER



ESSENTIALS



20 MINUTES



READY  
TO GO

## AIM

Get your group thinking about creating and learning an Anchors prayer for their age group. A great way to develop group identity.

## WHAT YOU'LL NEED

- › Pen
- › Paper

# GET INVOLVED: ANCHORS PRAYER



## LEADER PREPARATION

No preparation is needed for this activity. However, leaders may wish to check out the Children's Ministry website for tips on teaching children to pray.

Teaching Children to Pray - <https://childrensministry.com/teaching-kids-pray/>



## GETTING INTO THE ACTIVITY

- 1 Start the activity by asking your group why do Christians pray? Why is it important?
- 2 Now ask the group, why do we say prayers during our time at Boys' Brigade? This is because of the Christian faith that our organisation is founded on.
- 3 Some groups have an 'Anchors Prayer' which they say at the end of their activities each week. Challenge your group to either come up with their own prayer, or to adopt and memorise our example one.
- 4 Once the group has either created their prayer or learnt the example prayer, see if your group can repeat the prayer without any help.
- 5 Add the prayer as part of your time at Anchors each week, helping to introduce prayer and develop a group identity.

### ANCHORS PRAYER

Here is an example of an Anchors prayer, which is already used by a number of groups:

*Anchors all to Jesus pray*

*Help us each and every day.*

*Guide us, guard us through  
the night.*

*Keep us cheerful, good and  
bright.*

*Amen.*



## IDEAS TO TAKE THIS FURTHER...

Make learning your Anchors prayer, part of gaining the Anchors Membership Award. Once the children have completed the required number of activities and learnt the prayer over a few weeks, make sure you present their award in a special way. This might be during the opening or closing of your meeting, or maybe at a Church service or parents' night.

As a group, produce a creative and visual way to display your Anchors prayer, to place on a notice board. This will help new members to learn the prayer when they join.