

# SPIDER'S WEB



GET  
ADVENTUROUS



20 MINUTES



PREPARATION  
NEEDED

## AIM

Attempt to squeeze through the spider's web without being caught in the web.  
An activity to put children's spatial awareness, agility and teamwork to the test.

## WHAT YOU'LL NEED

- > Ball of String
- > Two Fixed Items (Trees, post, goalposts etc)

# GET ACTIVE: SPIDER'S WEB

THEME: ADVENTURE ACTIVITIES



## LEADER PREPARATION

Find a suitable location to create your spider's web. This needs to be between two fixed objects (i.e tree, posts etc) roughly 3-5 metres apart. Create a spider's web by tying / weaving the string between the items, crisscrossing the string as you go back and forth to create a weblike structure. Make sure there are a number of gaps in the web, with some gaps bigger than others.



## GETTING INTO THE ACTIVITY

Beforehand a leader should have created a spider web structure. This structure will have a number of gaps and holes in. There should be at least as many gaps in the web as people taking part in the activity, with ideally 3 or 4 + extra gaps.

The aim of this activity is for children to pass through the spider's web without making contact with the web. Only when no contact has been made, is this classed a successful attempt. Gaps between the web and the floor can be used.

**Warm Up:** Spend some time just getting used to passing through the web without making contact. Encourage children to try different gaps in the web, seeing how difficult it is to pass through each one. Those waiting for their turn can help by giving instructions and encouragement.

**Team Race:** Split into two teams. Start a timer and see which team can get all their team members through the web in the quickest amount of time. Any team member who makes contact with the web must join the back of the queue. Stop the timer when all team members are through the web without making contact. If some parts of the web are too easy to pass through, ban children from climbing through these gaps.

**No Two the Same:** Each person climbing through must go through a different gap in the web. This means between the group they will have to go through big gaps as well as small gaps. Teams will need to decide which members will take on which sized gaps. Teams can assist each other by helping to lift and support their teammates. Any contact with the web means that person must start again.



## IDEAS TO TAKE THIS FURTHER...

Have a discussion afterwards about teamwork (Did they work well as a team? What could they have done better?), problem solving (how do they think they got on?) and honesty (were the group always honest if they saw someone touch the rope?).



## KEEPING EVERYONE SAFE

Please make sure the space is safe and suitable. The string must be tight. Where children are lifting each other, this must be completed carefully with support being given to the neck and shoulders. The activity should be paused immediately and instructions given if not being completed safely.