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# AN EGG-STREME **CRISIS**





30 MINUTES



**PREPARATION NEEDED** 



A game designed to help children explore the ways that poverty can harm people's abilities to recover from a crisis. An activity created in partnership with Christian Aid.

## WHAT YOU'LL NEED

- > An Egg-Streme Crisis Activity Sheet
- > Bubble Wrap
- > String, Glue, Tape
- > Cardboard, Newspaper & Paper
- > Plastic Tub
- > Eggs
- > Kitchen Roll
- > Cardboard Tubes
- Paper Money



### **GET INVOLVED: AN EGG-STREME CRISIS**

THEME: SHAPING OUR WORLD



## **LEADER PREPARATION**



A leader will need to collect together the resources appropriate for an egg drop challenge. Have a mixture of resources, some better for the activity (plastic tub, bubble wrap) than others (paper, string). All the items will need to be priced beforehand, with the better suited items priced higher than the less suitable items.

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## **GETTING INTO THE ACTIVITY**

To run this activity, download the full step-by-step instructions found on the 'An Egg-streme Crisis' Activity Sheet. A summary of the activity can be found below.

**Teams & Money:** Split into teams and give each team some money. Teams need different amounts of money, with at least a couple of teams having very little cash to spend.

**Resources & Costs:** Have a selection of resources available on a table for an egg drop challenge. These resources should be priced up, with the better suited resources being more expensive. (i.e. out of the price range of some teams).

**Egg Drop Challenge:** Challenge teams to build a vessel to protect an egg from being dropped from a height. Teams can only use the resources they can afford to buy. In order to win a prize, the egg must stay intact.

**Reflection:** Afterwards sit down as a group and reflect on the challenge, with our discussion questions. Was the activity fair? Did having more money help? How does having less resources impact your ability to deal with a crisis? What examples of a crisis can the group think of around the world (natural, climate, health)? Are those who live in poverty less able to respond to these crises? What can we do to help?



#### **Christian Aid**

- Founded in 1945 by British and Irish Churches after the Second World War to help refugees.
- Now a global movement of Churches, organisations and people.
- Strongly believe that everyone is created equal in the eyes of God and therefore should be treated so.
- They aim to ensure everyone can live a full life, free from poverty.

## O IDEAS TO TAKE THIS FURTHER...

Consider ways you can contribute to Christian
Aid's work and help to fight for those living in
poverty. This may be by doing some fundraising or
campaigning on an issue. For fundraising ideas, visit
https://www.christianaid.org.uk/get-involved/fundraising/



The egg drop requires the eggs to be dropped from a height. This should therefore be done by an adult, with steps in place to ensure that this is safe. Please take care with scissors.

## AN EGG-STREME CRISIS GAME

This game is designed to help children explore the ways that poverty can harm people's abilities to recover from a crisis. Community resilience is crucial when facing a crisis, such as natural disasters, climate change or health epidemics.

#### **Resources Needed**

Newspaper, sellotape, string, paper, straws, cardboard, glue, bubble wrap, a ladder, eggs (enough for one for each team and a couple of spare), prizes (sweets would work well).

#### The Details

Split into two to four teams. Each group should be given different amounts of 'money' (at least one or two teams should be given very little money making the challenge near impossible – this is very important as it will provide a prompt to talk about afterwards) that they must decide how to use to buy the resources they might need for making their egg vessel. You should have a collection of resources, all priced to reflect the different values of items (e.g. Sellotape is more expensive than string, bubble warp is the most expensive item etc.).

Once the groups have purchased their resources set a time-limit (roughly 15-20 mins) that they have to build their vessels. Once the time is up, perform the drop test and see which eggs survive. Prizes are given to the teams that successfully keep their egg intact (hand out the prizes but make sure they don't open/eat them yet).

#### Reflection

Following the activity make sure to create space for conversation about the game. The aim of the game was to highlight that having access to less resources makes it harder to cope with and recover from crisis. The prizes are meant to highlight an element of injustice in the disproportionate allocation of money.

Some questions to get you started:

- Was the game fair? If it was unfair; why was it unfair?
- Did having more money in the game help?
- What impact, if any, did having less money have?
- Are there any parallels/similarities between the game we played and the world we live in?
- The dropping of the egg represents the crisis' that communities around the world have to deal with what kinds of examples of crisis can you think of that affect people around the world? Examples may include:
  - Natural disasters like wildfires, earthquakes, tsunamis, hurricanes etc.
  - Health (for example the Covid-19 pandemic)
  - Climate change flooding, less rain water, crops struggling to grow etc.
  - Economic depression (when the cost of living goes up, but people have less money)
- Closing question: What can we do to make the results of the game fairer? (note the game has been played so this isn't about how you would restart the game in a fairer way, but about what we can do now to redress the unfairness). What can we learn about life from playing the game?



# AN EGG-STREME CRISIS GAME AN ALTERNATIVE VERSION

#### An alternative version for younger children

The basic premise is the same. The goal is still to demonstrate that access to crucial resources makes it harder to recover from and cope with crisis.

#### The Details

Resources needed: variety of building blocks (see below), a table for each team, prizes

Instead of making egg vessels you will be challenging the teams to build sturdy towers using blocks. Each team will be given different building blocks. Their goal is to make a building on a table that can withstand the table being shaken.

Provide each team with a different type of building block: Lego/Duplo, Jenga blocks/wooden blocks, Dominoes, paper, and playing cards.

#### Reflection

Following the game ask the group some questions.

- Who thought that the game was fair? (if anyone says yes, ask them to explain why)
- Who thought that the game was unfair? (again asking people to explain their answers)
- Ask someone to volunteer how it felt to play the game?

Take a moment to explain the symbolism of the game:

- The game is meant to demonstrate how poverty (not having enough money or resources to meet all of you and your families needs like not enough food, no access to education, health care, not having a home that is safe to live in) can stop you from coping with or recovering from a crisis.
- There are lots of different things that can be a crisis. Things like the pandemic in places where people don't have access to health care and they don't have enough money they have found the pandemic much harder. That doesn't mean it wasn't hard here, but our ability to recover is much better.
- Climate change is a bit like the pandemic richer countries have the resources to cope better with how the planet is changing. In poorer communities (where they have done the least to contribute to climate change) they don't have the money or resources to cope with or recover from the climate changing in the same way.

#### Questions

- How do you think the game was like the real world?
- · What could we do to make the game fairer?

