



GET INVOLVED



45 MINUTES



PREPARATION NEEDED

A RUBBISH ADVENTURE



➔ GETTING INTO THE ACTIVITY

A great thing about summer is the fact we can go and enjoy outdoor spaces such as parks and beaches. However, these can sometimes get covered in litter. Play your part in helping to clear up your local area by going on a 'Rubbish Adventure'.

Head out in small groups. Each group will need a bin bag and gloves and ideally a litter picker. Each group will also need a copy of the 'Rubbish Adventure' activity sheet and a pen. Explain that you will be walking around your local area / park picking up litter to make it a better place for your community and to help protect wildlife too. Whilst completing the litter pick, each group needs to be on the look out for the items on the activity sheet. Can they tick off all the items by the end of the activity? Some items are harder to find than other. Make sure to dispose of the litter properly afterwards.

Make the activity competitive by challenging the groups to keep a tally of how many of each item they find (i.e 20 drink cans, 15 crisp packets etc). Which group can find the most items on the activity sheet at the end?

Take it Further: Have a conversation about the litter you have collected. Think about the types of litter you have found, why people drop litter and ways we can help solve the problem. Could the group design a poster or ask your local council or businesses to put in more bins?

✓✓ WHAT YOU'LL NEED

- A Rubbish Adventure Activity Sheet
- Bin Bags
- Gloves
- Litter Pickers

! KEEPING EVERYONE SAFE

Please maintain social distancing where required. Hands must be washed after this activity and ideally during too. Each group should have sufficient leader supervision and only safe objects should be picked up.

A RUBBISH ADVENTURE

How many of the below items can you find on your 'Rubbish Adventure'?

Fast Food Wrapper

Water Bottle

Straw

Coffee Cup

Drinks Can

Chocolate Wrapper

Plastic Bag

Crisp Packet

Piece of Yellow Plastic

Newspaper / Magazine

Something Purple

Bottle Cap

A Piece of Foil

Plastic Cutlery

**Something beginning
with L**

**Something with a
cartoon character on**

