



JESUS CALMED THE STORM



▶▶ GETTING INTO THE ACTIVITY

Explore the story of Jesus calming the storm and how we can all rely on Jesus during difficult times too.

Start by talking about storms. Does anyone have any stories of when they were in a storm? What does it feel like? There's a Bible story where the disciples were stuck in a boat during a storm. They were scared but Jesus calmed the storm and made things better. Explore the story by watching 'Jesus Calmed the Storm' (<https://youtu.be/uYLHqdSO9OY>) or reading Luke 8 v 22-25.

This story shows that God is always there for us, even in the bad and stormy times. God is much more powerful than any storm or troubles we might face. If we trust God and put our problems into his hands, then we can be confident he will protect us - just like the disciples in the boat. Try these games to help explore the story more.

Stormy Parachute Game: Place a paper boat (or a ball) onto a parachute. Let children take turns in saying 'storm' (everyone shakes the parachute) and 'calm' (everyone stops) to see what happens to the boat in the middle.

Storm Action Game: Call out different words associated with storms, with children doing the actions. Reward points for the best actions each time. Examples include twister (spin), thunder (stomping feet), lightning (shake arms and legs like being hit by lightning), wind (pretend you're being blown away), hail (run around dodging hail stones) and calm (everyone freezes - the storm has passed).

✓✓ WHAT YOU'LL NEED

- Jesus Calmed the Storm Video
- Computer & Projector/Large Screen
- Parachute
- Paper Boat or a Ball

! KEEPING EVERYONE SAFE

Please maintain social distancing as required. Shared equipment should be kept to a minimum. Where shared equipment is being used, hands should be sanitised before and after the activity.