



GET ACTIVE



10 MINUTES



PREPARATION
NEEDED

BEACH TOWEL ISLANDS

PART OF THE SUMMER THEMED PROGRAMME

▶▶ GETTING INTO THE ACTIVITY

A game that challenges children to avoid sunbathing on the beach towel that's about to be hit by the incoming tide.

For this game you'll need a number of towels - enough for one per person playing. If you don't have enough then you could use coloured paper to represent beach towels. Spread the towels around your playing area. Number each one and place a piece of paper with that number on the towel.

Ask children to run around the room. After a short while shout 'Towels' and each child then needs to carefully sit on one of the towels around the room (only one person per towel). Once everyone is settled, someone not looking should call out one of the numbers. The number called out is unfortunately the towel that has been swallowed up by the incoming tide. That person (as well as the towel and number they were sitting on) is now out of the game. Continue playing until only one person is left in the game and is the winner.

Variations: Instead of the person caught by the incoming tide being out for the whole game, they should be out for one round. During that round they can be in charge of choosing the number, before re-joining the game. Keep a tally of how many times each child was hit by the tide. The person with the least penalty points is the winner.



WHAT YOU'LL NEED

- Beach Towels
- Paper & Pens



KEEPING EVERYONE SAFE

Please maintain social distancing as required. Children should not run on the towels (particularly on slippery surfaces) to avoid any falls or slips.