

# RAINBOW TOAST



GET CREATIVE



20 MINUTES



PREPARATION  
NEEDED



## GETTING INTO THE ACTIVITY

Turn a piece of bread into a multicoloured piece of edible art, with just a few simple ingredients.

To create the 'edible paint' you will need milk and some food colouring. Pour a small amount of milk into a cup and then add a couple of drops of food colouring and mix. For a more vibrant colour, add more food colouring. Have a good mix of colours, using multiple cups. This could be achieved by mixing primary colours, helping children to experiment with colour mixing.

With a new & clean paintbrush or with cotton buds, use the edible paint to create a design on the bread. This might be a picture, face, rainbow etc or it could just be a colourful pattern. Be as creative as possible. Encourage other family members to create their own designs.

Once designed, the bread can then be toasted. Finish by eating the toast and enjoying the colourful yet tasty treat!



## WHAT YOU'LL NEED

- Bread
- Milk
- Food Colouring
- Cups
- New Paint Brush / Cotton Buds
- Toaster



## NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. Please ensure good food hygiene when working with food. Share a photo of your Rainbow Toast with your BB group or post on social media using #BBatHOME. An adult should initiate any contact with the BB group and/or share on social media.