



GET ACTIVE



30 MINUTES



PREPARATION
NEEDED

WORLD RECORDS



➔ GETTING INTO THE ACTIVITY

Try to break a world record using everyday items. Enter our BB record breaking competition to be crowned the UK & RoI champion.

There are thousands of world records, lots of them for some very weird and wonderful things. Think you've got what it takes to beat a world record or set the BB record? Let's find out!

Download the world record sheet and decide which challenge(s) your group would like to take on. You could try to break multiple records or focus on just one. Multiple attempts are allowed, so you can aim to improve on your scores. How close can you get to the world record?

Company Record: Have a mini competition in your group to see who can set the record for each challenge. You could have a small prize or certificate for the winners. Certificates can be downloaded from <https://boys-brigade.org.uk/recognising-achievement>

Boys' Brigade Record: We are running a competition to find the BB record holder for each of these records. Let your Juniors represent your Company at a BB-wide level and submit your best scores to <https://boys-brigade.org.uk/programme-competition/world-record>. We will reveal the top BB records and award prizes at the end of April 2021. Any questions, please contact programme@boys-brigade.org.uk

☑ WHAT YOU'LL NEED

- World Records Instructions Sheet
- Various Equipment Depending on Challenges

! KEEPING EVERYONE SAFE

Maintain social distancing as required. Each challenge should be set up with care and children provided with any appropriate safety instructions. When using shared equipment, please ensure hands are cleaned before and after the activity.

WORLD RECORDS

Below are some world records for you to have a go at. It might be difficult to beat these records, but how close can you get? Who can get the best score in your group? Enter your best attempts into our BB competition and see if you can be crowned the BB's own record holder.

Fastest Time to Create a 10 Toilet Roll Pyramid. World Record = 3.60 seconds

- Toilet rolls must not be stacked before the challenge.
- Both hands must be flat on a table to begin with (i.e. not touching a toilet roll).
- Both hands can be used.
- Pyramid to have 4 rolls on the bottom, then 3, then 2 and 1 roll on top.
- Time stops once the last roll has been placed. The pyramid must remain standing.

Number of Post-it Notes on a Face in 30 Seconds. World Record = 38 Post-it Notes

- Post-its must remain on the face.
- Post-its can only be applied one at a time and should be applied using your hand.
- Each post-it note must be attached to the face (not to another post-it note).
- The face includes the chin to the start of your hair line. Ears and neck are not included.
- Post-it notes can be laid out in front of you, ready for the challenge.

Most socks put on one foot in 30 seconds. World Record = 26 Socks

- Socks must be placed on the same foot.
- Socks can only be put on one at a time.
- The sock must be fully on the foot (beyond the ankle) to count.

Fastest Time to Arrange a Chess Board. World Record = 30.31 Seconds

- The board can be on the table, but all the chess pieces must be mixed up in a box/ container.
- The chess pieces can't be prepared beforehand.
- All chess pieces must be in the correct positions and within their squares.

Most Spoons Balanced on a Face. World Record = 31 Spoons

- Teaspoons can be used
- Spoons must be balanced and not stuck or helped to stay on the face.
- You may use parts of your face to balance the spoons (nose, lips, ears etc).
- Only spoons which stay on the face can be counted.
- Spoons can only be placed on the face by the person competing in the challenge.