



GET LEARNING

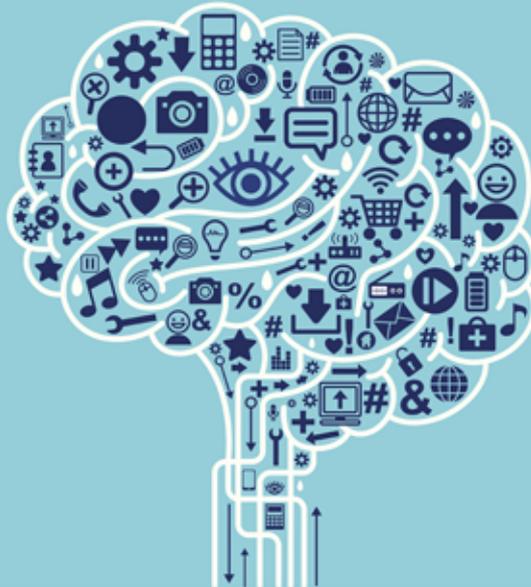


15 MINUTES



READY TO GO

MEMORY BANK



▶▶ GETTING INTO THE ACTIVITY

An interactive test of your memory skills, using everyday objects found around the home. How many objects will you remember?

This activity is a great way to put your memory skills to the test. To begin with a leader will need to show the memory bank objects image using screenshare. On this image are 20 objects which should be found around the home. A leader should go through the 20 items on the screen just once so you can try to memorise as many items as possible (participants should not write down a list or take a photo of the items). The image should be removed from the screen and then participants have 3 minutes (a timer could be shown on screen using 3 Minute Timer video - <https://youtu.be/iHdviZkM7S4> - and play some background music) during which to collect the items you can remember and bring them back to the camera.

Once everyone is back, go through the list. Award a point for every item you correctly remembered and returned. Lose a point for any items brought back which weren't on the list. Who can get the most points by remembering the most items?

Take it Further: Adapt the game by giving more or less time to remember the items. Make it even more difficult by reading out a list of items rather than showing them on screen.

✓✓ WHAT YOU'LL NEED

- Memory Bank Objects Image
- Household Objects

! KEEPING EVERYONE SAFE

If creating your own list of objects, please ensure they are items which are safe and appropriate. Ask young people to move through the house carefully.