

OUTDOOR TASTER PROGRAMME

WEEK	LOCATION	ACTIVITY 1	ACTIVITY 2	ACTIVITY 3	ACTIVITY 4
1	Your Church Grounds (or similar)	 FIRE LIGHTING Get Adventurous	 TOASTING MARSHMALLOWS Get Adventurous	 TWIG RAFTS Get Creative	 LASER EYES Get Active
2	Woodland / Forest	 TRACKING Get Adventurous	 BLINDFOLDED ROPE TRAIL Get Adventurous	 40-40 IN Get Active	 CREATION COLLAGE Get Into the Bible
3	Your Local Area	 VIP TRAIL Get Adventurous OR  TREASURE HUNT Get Adventurous			
4	Park / Green Space	 FOOTBALL ROUNDERS Get Active	 LETTER HUNT Get Adventurous	 BUG HOTEL Get Involved	 NATURE GAMES Get Active



Some of the activities included in the Outdoor Taster Programme are part of our **Go Wild Challenge**. This is a series of activities designed to help get children and young people outdoors and adventurous, whilst working towards Bronze, Silver and Gold Awards. For more information and to take a look at all the challenges, head to <https://boys-brigade.org.uk/programme/go-wild>

OUTDOOR TASTER PROGRAMME

SUGGESTED LOCATION: CHURCH GROUNDS (OR SIMILAR)

Use the activities below to create a session located in your Church grounds or similar. If you don't have the time / space to complete all the activities, then pick and choose the ones which work best for your group and location.

ACTIVITY	DESCRIPTION	RESOURCES
Arrival & Welcome	Welcome children to the session and have an arrival activity / game for them to take part in as they wait for everyone to arrive.	<ul style="list-style-type: none"> Arrival game / activity (for inspiration check out the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Game	LASER EYES (Get Active) A game which requires detective skills and stealth. Can the detective find 'laser eyes' before they manage to wipe out the group. A great game which works perfectly in various sized playing areas.	<ul style="list-style-type: none"> Laser Eyes Activity Card - https://boys-brigade.org.uk/laser-eyes-activity-card
Activity	FIRE LIGHTING (Get Adventurous) Learn a key survival skill by building and lighting a fire without the use of matches or a gas lighter. This activity uses a foil tray, cotton wool / sticks and a fire lighter.	<ul style="list-style-type: none"> Fire Lighting Activity Card from Spring 2020. This card can be found online via OBM. Foil tray, fire striker, dry grass / cotton wool, dry sticks / wood, bucket of water
Drinks & Devotions	GET INTO THE BIBLE An opportunity for children to have a drink and for a leader to share a Bible story / devotion / thought for the day.	<ul style="list-style-type: none"> Get Into the Bible Activity (for inspiration check out 100's of 'Get into the Bible' activities on the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Activity	TOASTING MARSHMALLOWS (Get Adventurous) Use the fire from earlier on in the session to now toast marshmallows with. Enjoy them as they are or create tasty s'mores with chocolate digestives. This activity could be expanded to create other campfire snacks too.	<ul style="list-style-type: none"> Toasting Marshmallows Activity Card - https://boys-brigade.org.uk/toasting-marshmallows-activity Fire (or disposable BBQ), marshmallows, skewer, chocolate digestives
Craft	TWIG RAFTS (Get Creative) Build a mini twig raft using small twigs and string. Test the rafts out with a bowl of water and see whose float and whose sink.	<ul style="list-style-type: none"> Go Wild: Twig Rafts - https://boys-brigade.org.uk/go-wild/twig-rafts Twigs, string, large leaf
Finish & Goodbye	Bring your session to a close, share any notices and let the group know what activities they can look forward to next week. Say goodbye and safely hand children back to their parent/carer.	

OUTDOOR TASTER PROGRAMME

SUGGESTED LOCATION: WOODLAND / FOREST AREA

Use the activities below to create a session located in a woodland / forest area or similar. If you don't have the time / space to complete all the activities, then pick and choose the ones which work best for your group and location.

ACTIVITY	DESCRIPTION	RESOURCES
Arrival & Welcome	Welcome children to the session and have an arrival activity / game for them to take part in as they wait for everyone to arrive.	<ul style="list-style-type: none"> Arrival game / activity (for inspiration check out the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Game	TRACKING (Get Adventurous) Be on the lookout for clues, as groups try to follow the trail of another group who are hiding in the trees. Take turns being the hiders and the hunters as groups develop their tracking skills. A great game to play in a forest / wood.	<ul style="list-style-type: none"> Go Wild: Tracking - https://boys-brigade.org.uk/go-wild/tracking Chalk / sticks
Activity	BLINDFOLDED ROPE TRAIL (Get Adventurous) Challenge the group to work as a team to navigate a rope trail blindfolded. The ultimate test of teamwork, communication and using your senses. This activity can be adapted to suit different difficulty levels and environments.	<ul style="list-style-type: none"> Go Wild: Blindfolded Rope Trail - https://boys-brigade.org.uk/go-wild/blindfolded-rope-trail Long rope & blindfolds
Drinks & Devotions	CREATION COLLAGE (Get Into the Bible) Whilst surrounded by nature, explore the story of creation and build a collage from natural objects to help visualise the story. Use this opportunity for children to also have a rest and a drink.	<ul style="list-style-type: none"> Go Wild: Creation Collage - https://boys-brigade.org.uk/go-wild/creation-collage Natural items (Leaves, twigs, flowers, pine cones etc) Large Sheet / blanket
Game	40-40 IN (Get Active) 40-40 in is a classic game designed to get children running around, hiding amongst the trees and using tactics to try and gain an advantage. Make sure to set the boundaries of play and then let the group enjoy running and hiding in the trees.	<ul style="list-style-type: none"> Go Wild: 40-40 In - https://boys-brigade.org.uk/go-wild/40-40-in
Finish & Goodbye	Bring your session to a close, share any notices and let the group know what activities they can look forward to next week. Say goodbye and safely hand children back to their parent/carer.	

OUTDOOR TASTER PROGRAMME

SUGGESTED LOCATION: YOUR LOCAL AREA

Use the activities below to create a session located in your local area or similar. If you don't have the time / space to complete all the activities, then pick and choose the ones which work best for your group and location.

ACTIVITY	DESCRIPTION	RESOURCES
Arrival & Welcome	Welcome children to the session and have an arrival activity / game for them to take part in as they wait for everyone to arrive.	<ul style="list-style-type: none"> Arrival game / activity (for inspiration check out the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Activity	<p>VIP TRAIL (Get Adventurous) Become detectives and head out into your community on the hunt for clues to find a VIP. This activity requires a bit of planning beforehand by a leader, but it is well worth it. Groups are tasked with following a trail, looking high and low for clues. Only by following the clues and keeping on track, will they find out who the VIP is at the end of the trail.</p> <p>Aim to include a pocket park, play area or ice cream van on your route (or at the end of the route) to help make the activity even more fun.</p> <p>OR</p>	<ul style="list-style-type: none"> VIP Trail Activity Card - https://boys-brigade.org.uk/vip-trail-activity-card Chalk
Activity	<p>TREASURE HUNT (Get Adventurous) Whilst you might have walked around your local area hundreds of times, have you ever looked around to see all the little hidden everyday details? Set up a treasure hunt around the streets surrounding your meeting space and challenge groups to follow the instructions, solve the clues and find the treasure. If you don't wish to do a clues treasure hunt, then you could take on a photo treasure hunt instead.</p> <p>Aim to include a pocket park, play area or ice cream van on your route (or at the end of the route) to help make the activity even more fun.</p>	<ul style="list-style-type: none"> Treasure Hunt Activity Card - https://boys-brigade.org.uk/treasure-hunt-activity-card Pre-prepared treasure hunt Pens & paper
Drinks & Devotions	<p>GET INTO THE BIBLE An opportunity for children to have a drink and for a leader to share a Bible story / devotion / thought for the day.</p>	<ul style="list-style-type: none"> Get Into the Bible Activity (for inspiration check out 100's of 'Get into the Bible' activities on the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Finish & Goodbye	Bring your session to a close, share any notices and let the group know what activities they can look forward to next week. Say goodbye and safely hand children back to their parent/carer.	

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SUGGESTED LOCATION: A PARK / GREEN SPACE

Use the activities below to create a session located in a park / green space or similar. If you don't have the time / space to complete all the activities, then pick and choose the ones which work best for your group and location.

ACTIVITY	DESCRIPTION	RESOURCES
Arrival & Welcome	Welcome children to the session and have an arrival activity / game for them to take part in as they wait for everyone to arrive.	<ul style="list-style-type: none"> Arrival game / activity (for inspiration check out the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Game	NATURE GAMES (Get Active) Use natural items such as stones, twigs and leaves to play some classic games such as noughts and crosses, connect four, rock paper scissors and pick up sticks. You could choose to play all four games or pick and choose your favourites.	<ul style="list-style-type: none"> Go Wild: Nature Games - https://boys-brigade.org.uk/go-wild/nature-games Sticks, leaves, rocks etc
Activity	BUG HOTEL (Get Involved) Bugs play a huge role in keeping ecosystems alive. Help your ecosystem by creating a bug hotel - a safe place for bugs to rest and flourish. Create the bug hotels as a group and then encourage children to take them home and keep an eye on the bugs that visit.	<ul style="list-style-type: none"> Bug Hotel Activity Card - https://boys-brigade.org.uk/bug-hotel-activity-card Drinks bottle, scissors, twigs, leaves, newspaper
Drinks & Devotions	GET INTO THE BIBLE An opportunity for children to have a drink and for a leader to share a Bible story / devotion / thought for the day.	<ul style="list-style-type: none"> Get Into the Bible Activity (for inspiration check out 100's of 'Get into the Bible' activities on the Programme Hub - https://boys-brigade.org.uk/programme-bb-leaders)
Activity	LETTER HUNT (Get Adventurous) Hunt around your local park for signs and letters. You'll need to look at noticeboards, benches, plaques, manhole covers, play equipment and more. Can you find all the letters of the alphabet? Work in groups and see how quickly you can find all the letters. Alternatively set a time limit and see which group can find the most letters in that time.	<ul style="list-style-type: none"> Letter Hunt Activity Card - https://boys-brigade.org.uk/letter-hunt-activity-card Pen / paper or a camera phone
Activity	FOOTBALL ROUNDERS (Get Active) Enjoy a game of football rounders in the park. Set up a rounds pitch, split into teams and play. Which team can score the most rounders during the game?	<ul style="list-style-type: none"> Football Rounders Kit (Football & cones)
Finish & Goodbye	Bring your session to a close, share any notices and let the group know what activities they can look forward to next week. Say goodbye and safely hand children back to their parent/carer.	