

FROZEN NATURE DISCS



GET
ADVENTUROUS



30 MINUTES



PREPARATION
NEEDED



GETTING INTO THE ACTIVITY

Use the best bits of nature this winter to create a frozen nature disc.

Head outside and look around for colourful pieces of nature (leaves, flowers, berries, grass etc). Once collected, carefully place them into a shallow dish. Try to create a nice pattern or design. You could add some food colouring here too. Place some string half in the dish, half hanging out (to hang the disc later). Carefully pour water into the dish until the objects are covered. Place the dish in the freezer and leave overnight.

Once frozen this should create a colourful frozen nature disc which you can hang in a garden or outside the front door to catch the sun, show off the different colours and slowly melt throughout the day.

Take a photo of the frozen nature disc and send it to your BB group or post on social media using #BBatHOME.



WHAT YOU'LL NEED

- Shallow Dish (Foil dish, bowl, lid, muffin tray etc)
- Colourful Nature Items (optional)
- Water
- Freezer
- String / Ribbon
- Food Colouring



NOTES FOR PARENTS & CARERS

All activity should be supervised by an adult. If going beyond the garden to collect items then please follow local guidelines. Share a picture of the frozen nature disc with your BB group or post on social media using #BBatHOME. An adult should initiate any contact with the BB group and/or share on social media.