

WEEK	WELCOME	GAME	ACTIVITY	DEVOTIONS	GAME	TAKEAWAY
1	Hello & Catch-up	FILM EMOJI QUIZ Get Learning	FLAPJACK Get Creative OR WHAT DISH IS THIS? Get Learning	FOLLOW THE RECIPE Get Into the Bible	A-Z OF BRANDS Get Learning	TRICK SHOT Get Active
2	Hello & Catch-up	TABOO Get Learning	MINUTE TO WIN IT CHALLENGES Get Active	Get Into the Bible	CRYPTIC FIND ME Get Active	COOK A MEAL Get Involved
3	Hello & Catch-up	FITNESS VIDEO Get Active	A QUESTION OF SPORT Get Learning	Get Into the Bible	SPORTING CHARADES Get Creative	GEOCACHING Get Adventurous
4	Hello & Catch-up	BEAT THAT! Get Active	WHERE IN THE WORLD? Get Adventurous OR IF THE WORLD WERE A VILLAGE OF 100 Get Involved	WOULD I LIE TO YOU? Get Into the Bible	FAMOUS LAST WORDS Get Learning	MYSTERY SNAPSHOTS Get Adventurous



ACTIVITY	DESCRIPTION	RESOURCES
Welcome & Updates (5 minutes)	Give young people an opportunity to share something about their week and to say hello to each other (encourage everyone to give a wave). You could also share pictures/videos of what young people have been up to and give an update on your points table.	PowerPoint with points and pics/videos (template PowerPoint to download)
Game (5 minutes)	FILM EMOJI QUIZ (Get Learning) Emojis are used everyday to help people to communicate. Can the group use the emoji clues in this quiz to identify the different films?	 Film Emoji Quiz PowerPoint - https://boys-brigade.org.uk/film-emoji-quiz
Activity (10 minutes)	FLAPJACK (Get Creative) Get in the kitchen and baking this tasty treat. This activity uses few ingredients, takes little time and is super easy - perfect for a virtual session. Make sure to share the ingredient list with the group at least a week before. OR	 Flapjack Activity Card - https://boys-brigade.org.uk/flapjack-activity-card Baking Ingredients (A list should be emailed to parents the week before and measured out before the session starts)
	WHAT DISH IS THIS? (Get Learning) We all enjoy tucking into a tasty meal, but do we know what ingredients are in each of our favourite dishes? Take on this challenge, which tasks young people with identifying a favourite meal based on the ingredient list provided. Meals include burgers, chicken fajitas, shepherds pie, lasagne and more.	 What Dish is This? Activity Sheet - https://boys-brigade.org.uk/what-dish-is-this-activity-card
Devotions (10 minutes)	FOLLOW THE RECIPE (Get Into the Bible) If we follow a recipe step by step, we usually end up with a rewarding meal or tasty treat. Can the same be said for the recipe for life? Will we choose to follow the recipe for life?	 Follow the Recipe Activity Card - https://boys-brigade.org.uk/follow-the-recipe-activity-card
Game (5 minutes)	A-Z OF BRANDS (Get Learning) Put the group's brand knowledge to the test with an A-Z brand quiz. This takes just one letter from each brand. Can the group identify the brand from just one letter?	 A-Z of Brands PowerPoint - https://boys-brigade.org.uk/a-z-of-brands
Takeaway Challenge & Goodbye (5 minutes)	Set your challenge for the week - TRICK SHOT (Get Active). This challenges young people to film them completing an impressive trick shot using sports equipment or household items. Let the group know what activities they can look forward to next week and then say goodbye.	 Download #BBatHOME Activity Card - https://boys-brigade.org.uk/trick-shot-activity-card





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Game (5 minutes)	TABOO (Get Learning) A fast thinking and fast talking game. Young people take it in turns to try and explain the featured word, without saying the 5 connected words which are shown. How would you describe the word 'Tennis' if you couldn't use the words ball, sport, racket, court or Wimbledon?	 Taboo PowerPoint - https://boys-brigade.org.uk/bbathome_virtual/taboo-2
Activity (10 minutes)	MINUTE TO WIN IT CHALLENGES (Get Active) A series of silly but ultra competitive challenges, which see young people go head to head to complete the challenge first or get the highest score in 60 seconds. The challenges use everyday equipment which can be found in most homes. Challenges can be completed with everyone playing at once, or in teams with members going head to head. Who will come out on top and become the minute to win it champion?	 Minute to Win It Activity Card - https://boys-brigade.org.uk/minute-to-win-it-activity-card Minute to Win It resources (as detailed on card). Each young person will need the full kit (household objects), so send out the list in good time to get it all together.
Devotions (10 minutes)	GOD LOVES US ALL EQUALLY (Get Into the Bible) A video message which visually shows young people that God loves us all equally, no matter who we are. Follow this up with some discussion questions.	 God Loves Us All Equally Video - https://vimeo.com/413915107
Game (5 minutes)	CRYPTIC FIND ME (Get Active) A twist on the popular 'Find Me' game. In this version young people are presented with a riddle. They need to crack the riddle and then find the household item, trying to do so in the quickest time.	 Cryptic Find Me Activity Card - https://boys-brigade.org.uk/cryptic-find-me-activity-card
Takeaway Challenge & Goodbye	Set your challenge for the week - COOK A MEAL (Get Involved). This challenges young people to cook a meal for their family, giving their parent a night off.	 Download #BBatHOME Activity Card - https://boys-brigade.org.uk/cook-a-meal-activity-card
(5 minutes)	Let the group know what activities they can look forward to next week and then say goodbye.	





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Game (5 minutes)	FITNESS VIDEO (Get Active) Start your sports themed session with a fitness video. This will encourage the group to get active and fit by taking on a fitness routine, getting the blood pumping and the body moving.	 Fitness Activity Card - https://boys-brigade.org.uk/fitness-activity-card Fitness Video - https://vimeo.com/449239069
Activity (10 minutes)	A QUESTION OF SPORT (Get Learning) Test the group's knowledge of all things sport, by taking on our 'A Question of Sport' quiz. Based around the popular TV show, this quiz has three rounds, sporting general knowledge, famous sporting faces and the stadium picture round. Play as individuals or in teams, seeing who can get the most points across all three rounds.	 A Question of Sport Activity Card & PowerPoint - https://boys-brigade.org.uk/a-question-of-sport
Devotions (10 minutes)	BORN TO PLAY (Get Into the Bible) Are we playing sport in a way that reflects God and praises him? Or ruining it by allowing pride, anger and cheating to get in the way? This activity uses a video to help share the message.	 Born to Play Activity Card - https://boys-brigade.org.uk/born-to-play-activity-card Born to Play Video - https://youtu.be/fU1EbCnwdlU
Game (5 minutes)	SPORTING CHARADES (Get Creative) Following on from the 'A Question of Sport' activity, continue this with a game of sporting charades. Challenge the group to use their acting skills to communicate different sporting phrases to their team without using words or sounds.	 Sporting Charades Activity Card - https://boys-brigade.org.uk/sporting-charades
Takeaway Challenge & Goodbye (5 minutes)	Set your challenge for the week - GEOCACHING (Get Adventurous). This challenges young people to head out in their local area on the hunt for geocaches. How many can they find? Let the group know what activities they can look forward to next week and then say goodbye.	 Download #BBatHOME Activity Card - https://boys-brigade.org.uk/geocaching-activity-card





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Game (5 minutes)	BEAT THAT! (Get Active) Take on some silly and competitive tasks as the group challenge each other to 'Beat That!'. Use this as a warm up, so pick and choose a few activities from the card for the group to have a go at.	 Beat That! Activity Card - https://boys-brigade.org.uk/beat-that-activity-card
Activity (10 minutes)	WHERE IN THE WORLD? (Get Adventurous) Explore the world around you and visit up to 10 different countries all from the comfort of your home. Can the group correctly identify the location based on just one photo?	 Where in the World? Activity Card & PowerPoint - https://boys-brigade.org.uk/where-in-the-world-2
	OR	
	IF THE WORLD WERE A VILLAGE OF 100 (Get Learning) The world is full of injustices such as poverty, hunger, access to clean water etc. However with a population of 7.5 billion, it can be hard to really picture how many people these injustices impact. This activity challenges young people to think about the world like it was a village of 100 people.	 If the World Were a Village of 100 Activity Sheet - https://boys-brigade.org.uk/village-of-100-activity-card If the World Were a Village of 100 Video - https://youtu.be/jy96ZB8Zs_A
Devotions (10 minutes)	WOULD I LIE TO YOU? (Get Into the Bible) Is it ever right to lie or should we always tell the truth, no matter what the consequences? This activity uses a simple game and then explores the morality of lying and what the Bible says about it.	 Would I Lie to You? Activity Card - https://boys-brigade.org.uk/would-i-lie-to-you-activity-card
Game (5 minutes)	FAMOUS LAST WORDS (Get Active) A fast-paced word recall game. Two players go head to head against each other with a given topic (animals, countries, sports, Disney characters etc). The player who recalls the last word as the timer goes is the winner.	 Famous Last Words Instructions - https://boys-brigade.org.uk/famous-last-words
Takeaway Challenge & Goodbye (5 minutes)	Set your challenge for the week - MYSTERY SNAPSHOTS (Get Adventurous). This challenges young people to take obscure photos from their local area, that others can then try to guess where they were taken. Let the group know what activities they can look forward to next week and then say goodbye.	 Download #BBatHOME Activity Card - https://boys-brigade.org.uk/mystery-snapshots-activity-card

