



GET LEARNING



10 MINUTES



READY TO GO

WHAT DISH IS THIS?

PART OF THE COOKING THEMED PROGRAMME



▶▶ GETTING INTO THE ACTIVITY

We all enjoy tucking into a tasty meal, but do we know what ingredients are in each of our favourite dishes?

On the 'What Dish is This?' activity sheet, there are 10 ingredient lists. Read out each one and young people should try to work out what those ingredients make when they are put together. So for example:

Eggs, Milk, Flour and Sausages = ? Answer = Toad in the Hole

This activity could be done as a quiz, with young people writing down their answers or it could be played as a 'fastest finger' round, with young people 'buzzing in' when they think they know the answer. Young people can buzz in by raising their hand or by making a buzzer sound.

Some of the dishes are harder than others, so leaders may wish to add a clue if young people are struggling.

☑☑ WHAT YOU'LL NEED

- 'What Dish is This?' Activity Sheet

! KEEPING EVERYONE SAFE

No further instructions.

WHAT DISH IS THIS?

1) Minced beef, pasta, tomato sauce, white sauce, cheese

Answer = **Lasagne**

2) Eggs, milk, flour, sausages

Answer = **Toad in the Hole**

3) Minced lamb, potatoes, vegetables, beef/lamb stock

Answer = **Shepherd's Pie**

4) Beef, tomato, lettuce, onion, cheese, bread roll

Answer = **Beef Burger**

5) Chicken, onion, pepper, cheese, salsa, salad, tortilla wrap

Answer = **Chicken Fajitas**

6) Beef mince, onion, garlic, chopped tomatoes, beef stock, spaghetti

Answer = **Spaghetti Bolognese**

7) Flour, eggs, milk, lemon, sugar

Answer = **Pancakes**

8) Flour, yeast, passata, mozzarella, tomato

Answer = **Margherita Pizza**

9) Chicken, potato, carrots, peas, egg, flour, milk, gravy

Answer = **Roast Dinner**

10) Egg, bacon, sausage, bread, mushroom, tomato, beans

Answer = **Full English Breakfast**