



GET INTO
THE BIBLE



10 MINUTES



PREPARATION
NEEDED

FOLLOW THE RECIPE

PART OF THE COOKING THEMED PROGRAMME



GETTING INTO THE ACTIVITY

If we follow a recipe step by step, we usually end up with a rewarding meal or tasty treat. Can the same be said for the recipe for life?

Start by doing a simple activity (making a paper aeroplane, napkin folding, drawing a house). Give step by step instructions for young people to follow. Secretly prep another leader to do the activity but miss steps out, create their own steps, do things wrong etc. After the activity compare the young people's attempt with the leader's. What do the group notice? Why is the leader's attempt so bad?

When we cook, we use recipes. These recipes, when followed correctly produce a delicious result. But what would happen if we made shepherd's pie but missed out the potato? A burger without the beef? Lasagne without the pasta? The end result would be disappointing.

In some ways our lives are a bit like a recipe, with Jesus being the secret ingredient. If we follow the instructions (Bible) as we should, then we create delicious results. However, when we start skipping steps out of the recipe and picking and choosing which ingredients to use, life can start to go a bit off course.

We all have the choice to follow the recipe or just ignore it and hope for the best. Which approach to the 'recipe to life' will you choose?



WHAT YOU'LL NEED

- Equipment for your Chosen Activity
- Recipe Book
- Bible



KEEPING EVERYONE SAFE

For the activity, please choose an appropriate activity which is safe and inclusive.