



LIFELINES

PART OF THE CUBE THEMED PROGRAMME

THE CUBE



GETTING INTO THE ACTIVITY

The Cube allows participants lifelines to help make life easier. Do 'lifelines' exist for us in everyday life?

In the Cube we get given two lifelines. A trail run (having a go at the challenge with no consequences) and a simplify (makes the challenge easier). When you played the cube, what challenges did you use your lifelines on and did they help? Can you think of any other TV shows where contestants get given lifelines? How do they help?

Wouldn't it be great if you got lifelines in real life? Imagine coming up against something difficult and being given the option to make things easier at the click of your fingers. When do you think you might use such a lifeline? Exams? Tough football match? Making tough decisions?

Sadly we don't get a simplify lifeline in life, but we do get a 'phone a friend' option instead - a famous lifeline from 'Who wants to be a millionaire'. When we wish life could be 'simplified', do we ever talk to God about it and seek his advice? Do we ask for his help and listen for his response? Next time you find yourself in need of a 'lifeline' remember that you have one whenever you need it - God.

'Call to me in times of trouble. I will save you, and you will honour me.' Psalm 50:15



WHAT YOU'LL NEED

- No Equipment



KEEPING EVERYONE SAFE

Maintain social distancing as required.