



GET INVOLVED



15 MINUTES



PREPARATION
NEEDED

NEW YEAR PROMISES



GETTING INTO THE ACTIVITY

What could we do in 2021 to help make the world a better place?

People often start a new year with a new year's promise or 'resolution'. This is a promise to do something better, start a new hobby, kick a bad habit etc. Has anyone made a new year's promise?

New year's resolutions can also be a great opportunity to be kinder to others and a challenge to try and make the world a better place. Give each child a copy of the activity sheet. Ask each child to decorate the number 2021. Give them craft supplies such as pens, glitter, stickers and pom poms to do this.

Use the box at the bottom for children to think about how they could make the world a better place in 2021. This might be by helping with jobs at home, saying please and thank you more, playing with lonely children at school, tidying away toys without being asked. Children can either write or draw their promises. Afterwards, let children share their promises with the rest of the group.

Virtual: Share the activity sheet using screenshare and as a group decorate the numbers using the annotate function. Have a chat and let children share their promises.



WHAT YOU'LL NEED

- New Year Promises Activity Sheet
- Glitter / Stickers / Pom Poms etc
- Colouring Pens
- Glue
- Pen / Pencil



KEEPING EVERYONE SAFE

Maintain social distancing as required. Children should ideally have their own equipment. Where shared equipment is used, please ensure a hand hygiene break before and after.

2021

This year I am going to make the world a better place by

