



GET ACTIVE



20 MINUTES



IN THE CUPBOARD

SNOWBALLS

PART OF THE CHRISTMAS GAMES THEMED PROGRAMME



GETTING INTO THE ACTIVITY

When it snows there is nothing better than making and throwing snowballs. Get some practise in with these snowball activities.

Create lots of snowballs by scrunching up pieces of paper / newspaper etc. The more the better!

Knock 'em Down!: Stack up a pyramid of plastic cups at the edge of a table. Children have three snowballs to try and knock all the cups off the table. Each cup knocked down equals one point. Who can score the most points? Can anyone knock all the cups down with one throw?

Target Practice: Set up three hoops or buckets in a line on the floor. Make the closest object large and the furthest object small. From 2 metres away from the large object, try to throw the snowballs into one of the hoops / buckets. Score 5 points for the closest, 10 for the middle and 15 for the furthest away. Who can score the most points?

Pile On: How many snowballs can each child transport across the room using a plate or upturned frisbee? Snowballs can be piled high, but if one snowball drops that child must start again. Set a time limit to add pressure.



WHAT YOU'LL NEED

- Scrunched up Paper
- Targets (Cups, hoops, buckets etc)
- Plastic Cups
- Frisbee / Plate



KEEPING EVERYONE SAFE

Maintain social distancing as required. Where shared equipment is used, please ensure a hand hygiene break before and after.