



GET ACTIVE



15 MINUTES



PREPARATION
NEEDED

ADVENT GAME



GETTING INTO THE ACTIVITY

An advent themed challenge game. Some doors have treats behind and others have challenges. Be careful which numbers you choose!

If face-to-face sit in a circle with the advent numbers activity sheet in the middle. Take turns to call out one of the numbers on the door, complete the challenge and then cross it off. A leader with the activity sheet will read out the challenge behind that advent door.

Challenge: A task or activity to complete. If completed successfully, that player get a prize / points.

Head to Head: Nominate someone to go up against. Take turns in giving answers until you can't think of something or repeats an item. The winner receives the prize / points.

Nominate: Nominate someone to do a challenge. If they succeed they get rewarded, but if they fail you get the prize / points instead.

Steal: An opportunity to steal someone else's prize / points.

Prize: You've got it easy. You've been rewarded a prize / points.

For prizes use small and large chocolate bars or similar. If playing virtually award points instead. Have a prize for the person with the most points. The prize could then be delivered / posted out to the winner.



WHAT YOU'LL NEED

- Advent Numbers Activity Sheet
- Small & Large Prizes



KEEPING EVERYONE SAFE

Maintain social distancing as required.

ADVENT GAME



ADVENT GAME

Face to Face Challenges

- 1) Head to Head: Nominate someone to go head to head with, naming characters from the nativity.
- 2) Challenge: Name 10 Christmas movies within 30 seconds.
- 3) Challenge: You must make eye contact with the person opposite you until it is your go again.
- 4) Challenge: Dance without stopping to Christmas music for 60 seconds.
- 5) Prize: You've won a large prize
- 6) Challenge: You not allowed to make a noise until it is your go again.
- 7) Challenge: You must start every sentence you say for the rest of the game with 'HO HO HO'.
- 8) Challenge: Hum a Christmas carol. It must be guessed within 30 seconds.
- 9) Steal: You can steal a small prize from someone else.
- 10) Head to Head: Nominate someone to go head to head with, naming items associated with Christmas.
- 11) Prize: You've won a large prize
- 12) Challenge: Name 8 Christmas songs within 30 seconds
- 13) Challenge: Hum a Christmas carol, whilst holding your nose. It must be guessed within 30 seconds.
- 14) Challenge: Tell a joke. If you make someone laugh you get a prize
- 15) Nominate: Nominate someone to hum 'Away in a Manger' until it is their go again. If they succeed they get a prize, if they fail you get a prize.
- 16) Prize: You've won a large prize But you must give it away to someone else.
- 17) Prize: You've won a large prize
- 18) Challenge: Do a Christmas charade (film / song) for the group to guess. You and the winner both get a small prize
- 19) Steal: You can steal a small or large prize from someone else.
- 20) Head to Head: Nominate someone to go head to head with, naming items on a Christmas dinner.
- 21) Challenge: Waddle around the room like a penguin until it is your turn to have a go again.
- 22) Nominate: Set someone else a (fair) challenge. If they complete it they get a prize, if they fail you get the prize.
- 23) Prize: You've won a prize
- 24) Challenge: You must be called 'Elf' for the rest of the game. If the group is successful they all get a small prize at the end, if someone forgets and calls you by your name, you get a large prize.
- 25) Steal: You can steal a large prize from someone else.

ADVENT GAME

Virtual Challenges

- 1) Head to Head: Nominate someone to go head to head with, naming characters from the nativity.
- 2) Challenge: Name 10 Christmas movies within 30 seconds.
- 3) Challenge: You cannot look at the screen until it is your go again.
- 4) Challenge: Dance without stopping to Christmas music for 60 seconds.
- 5) Prize: You've won 20 points.
- 6) Challenge: You not allowed to make a noise until it is your go again.
- 7) Challenge: You must start every sentence you say for the rest of the game with 'HO HO HO'.
- 8) Challenge: Hum a Christmas carol. It must be guessed within 30 seconds.
- 9) Steal: You can steal 10 points from someone else.
- 10) Head to Head: Nominate someone to go head to head with, naming items associated with Christmas.
- 11) Prize: You've won 20 points.
- 12) Challenge: Name 8 Christmas songs within 30 seconds
- 13) Challenge: Hum a Christmas carol, whilst holding your nose. It must be guessed within 30 seconds.
- 14) Challenge: Tell a joke. If you make someone laugh you get 10 points.
- 15) Nominate: Nominate someone to hum 'Away in a Manger' until it is their go again. If they succeed they get 10 points, if they fail you get 10 points.
- 16) Prize: You've won 20 points But you must give them away to someone else.
- 17) Prize: You've won 20 points.
- 18) Challenge: Do a Christmas charade (film / song) for the group to guess. You and the winner both get 10 points.
- 19) Steal: You can steal 10 points from someone else.
- 20) Head to Head: Nominate someone to go head to head with, naming items on a Christmas dinner.
- 21) Challenge: Waddle around your room like a penguin until it is your turn to have a go again.
- 22) Nominate: Set someone else a (fair) challenge. If they complete it they get 10points, if they fail you get 10 points.
- 23) Prize: You've won 20 points.
- 24) Challenge: You must be called 'Elf' for the rest of the game. If the group is successful they all get 10 points at the end, if someone forgets and calls you by your name, you get 20 points.
- 25) Steal: You can steal a large prize from someone else.